

Region One Assembly of Overeaters Anonymous Policies and Procedures

1. REGION ONE

- 1.1. The Region One Heart Logo (see below) is adopted for use on Region One Board and Committee Correspondence.



2. REGION ONE BOARD

- 2.1. Official correspondence from the Region One Board shall first be submitted to all Board members for input.
- 2.2. A Board member who is unable to fulfill the duties of the office may request a leave of absence of up to two months, or may resign. If the Board member does not take this action, s/he may be asked to take a two month leave of absence or resign.
- 2.3. Any Board member may request a leave of absence of up to two months, which may be granted at the discretion of the Board.
- 2.4. The Region One Board shall maintain and update as necessary a written handout entitled "Guide for Serving as a Region One Representative" to be sent out annually with the "Eligibility for Assembly" form.

3. REGION ONE BOARD MEETINGS

- 3.1. The primary purpose of Board meetings will be Region One business and Region One will continue to investigate expansion of the outreach program, i.e., service and tradition workshops, committee networking and service forums.
- 3.2. Board minutes will be sent electronically to current Board members, Intergroup Chairs, and be posted on the Region One website.
- 3.3. The Board shall meet at least four times per year. The Board shall hold an in person meeting each fall immediately following Assembly.
- 3.4. The Board may meet monthly via conference call.
- 3.5. An Intergroup may apply to the Board to host a quarterly meeting in the year following each Assembly.

4. REGION ONE BOARD JOB DESCRIPTIONS

- 4.1. **GENERAL RESPONSIBILITIES OF EACH BOARD MEMBER:**
 - 4.1.1. Submits a written report of activity prior to each Board Meeting and Assembly.
 - 4.1.2. Acts as liaison to committees and Intergroups, as assigned.
 - 4.1.3. Keeps records to pass on at the end of term.
 - 4.1.4. May contribute articles to the Region One website blog.
- 4.2. **CHAIR RESPONSIBILITIES:**

- 4.2.1. Presides at all regular and special meetings of the Region One Board, Executive Board and Assemblies.
- 4.2.2. May appoint a Parliamentarian for the Region One Assembly annually to advise the Chair on procedural issues. Factors which shall be used in selection are:
 - 4.2.2.1. Familiarity with the Twelve Steps, Twelve Traditions and Twelve Concepts of Overeaters Anonymous.
 - 4.2.2.2. Familiarity with the Bylaws and Policies and Procedures of the Region One Assembly.
 - 4.2.2.3. Ability to apply Robert's Rules of Order Newly Revised.
 - 4.2.2.4. If the chosen Parliamentarian is a member of Overeaters Anonymous, their expenses will be reimbursed in the same manner as those of the Region One Board.
 - 4.2.2.5. The Parliamentarian may be an ex-officio member of the Bylaw Committee at the discretion of the Region One Chair.
 - 4.2.2.6. Parliamentarian's duties are as follows:
 - 4.2.2.6.1. Advises Chair to maintain the order of Business according to Robert's Rules of Order Newly Revised, Bylaws and established policies.
 - 4.2.2.6.2. During Assembly, gives Chair motions in order of precedence.
 - 4.2.2.6.3. During Assembly, answers questions or parliamentary inquiries when requested to do so by the Chair.
- 4.2.3. Serves as ex-officio member on all committees except Nominations.
- 4.2.4. Represents Region One as a whole at the World Service Business Conference.
- 4.2.5. Participates in the Region Chairs' meetings, and the Region Chairs' Committee meetings at WSBC.
- 4.2.6. Appoints Committee members and assigns duties as necessary.
- 4.2.7. Assumes responsibility for planning of the Assembly.
- 4.2.8. After elections at Assembly, assigns all Board members to Region One committees and intergroups, to serve as liaisons for the coming year.
- 4.2.9. Coordinates production of Assembly Notebooks.
- 4.2.10. Prepares Assembly Evaluation forms and reports on results at the next Board meeting.
- 4.2.11. May call regular meetings of Region One intergroup chairs.
- 4.3. **FIRST VICE-CHAIR RESPONSIBILITIES:**
 - 4.3.1. Acts in the capacity of the Chair in his/her incapacity or absence.
 - 4.3.2. Maintains open communication with the Chair to be prepared to act in the event of his/her incapacity or absence.
 - 4.3.3. Carries out specific assignments as directed by the Chair.
 - 4.3.4. Negotiates the hotel contract for Assembly and Convention. The contract is to include hotel room rates and amenities, meeting rooms, audio-visual and other equipment, catering, and any other needs specific to Assembly and Convention.
 - 4.3.5. Recommends the final contract to the Board for approval. Co-signs the approved contract with the Chair, and provides the Treasurer with written notice of when hotel deposits are due and ensures that a direct bill application is completed, if necessary.
 - 4.3.6. Maintains regular contact with the hotel to ensure that everything remains on track and to keep abreast of any changes in administration that may affect the outcome of Assembly and Convention.
 - 4.3.7. Provides an up-to-date manual to Convention Chairs containing job descriptions, deadlines for specific activities, sample forms and other pertinent information.

- 4.3.8. Works with the Convention Chair and the Second Vice-Chair to develop the Convention Program.
- 4.3.9. Works with Intergroups to generate bids for Region Convention.
- 4.3.10. Serves as resource and liaison for Convention Chairs, providing guidance, clarifying expectations, keeping the Board informed of all major decisions and asking for approval/assistance as necessary.
- 4.4. **SECOND VICE-CHAIR RESPONSIBILITIES:**
 - 4.4.1. Acts in the capacity of the First Vice-Chair in his/her incapacity or absence.
 - 4.4.2. Maintains open communication with the First Vice-Chair to be prepared to act in the event of his/her incapacity or absence.
 - 4.4.3. Monitors the number of hotel nights booked, reminds Intergroups of the deadline for registration to help ensure room night quota is achieved if it is part of the contract.
 - 4.4.4. Closely monitors the terms of the hotel contract to ensure all Region financial obligations are met.
 - 4.4.5. Works with the First Vice-Chair and the Convention Chair to develop the Convention Program.
 - 4.4.6. Maintains the Convention checking account and issues reimbursements in a manner consistent with Region One policies.
 - 4.4.7. Works closely with the Convention Committee to ensure no additional expenses are incurred without prior Board approval and that financial accountability is maintained.
 - 4.4.8. Works closely with the Region One Treasurer to ensure that all Convention registration fees are accurately and appropriately recorded and that funds are transferred to the Region One General Fund at the conclusion of the Convention.
 - 4.4.9. Serves as resource and liaison for Board Outreach visits to Intergroups, provides guidance, clarifies expectations, schedules Board visits and keeps the Board informed of all major decisions and asks for approval/assistance as necessary.
 - 4.4.10. Assists the Chair in coordinating regular meetings of the Chair and intergroup chairs.
 - 4.4.11. Serves as a resource for Intergroups in planning their own events, providing formats and advice as needed.
 - 4.4.12. Carries out specific assignments as directed by the Chair.
- 4.5. **SECRETARY RESPONSIBILITIES:**
 - 4.5.1. Records and prepares the minutes of all Region One Board Meetings:
 - 4.5.1.1. Sends draft of minutes to Board Members for input and changes within 30 days of each meeting.
 - 4.5.1.2. Brings records of the Board's actions from the past year to each Board meeting.
 - 4.5.1.3. Develops action list from meeting notes and sends to those persons with assigned tasks within 2 weeks following each Board meeting or Assembly.
 - 4.5.2. Updates and maintains roster of Board members, Committee Chairs, and liaison assignments.
 - 4.5.3. Updates and maintains roster of Region One Intergroups including name, current mailing address, number of groups registered, and Board liaison assigned to each.
 - 4.5.4. Updates and maintains roster of Region One Representatives including complete name, address, telephone number, Intergroup (or unaffiliated group) represented, and email address.
 - 4.5.5. Updates and maintains Region One Bylaws and Policies and Procedures following the annual Assembly then refers them to the Bylaws project team for review and approval. Following approval by the Bylaws project team, provides electronic versions of both documents for posting on the Region website.

- 4.5.6. Coordinates registration for Assembly:
 - 4.5.6.1. Sends out Assembly registration instructions to Intergroups, unaffiliated groups and Region One committees at least one hundred fifty (150) days before the Region One Assembly. Follows up with those Intergroups not responding by deadline.
 - 4.5.6.2. Registers Representatives and Alternates as they arrive at Assembly, provides name tags and ribbons.
 - 4.5.6.3. Gives credentials report on number of voting Representatives and Board members during Assembly.
- 4.5.7. Sends Assembly materials to Intergroups that did not send any Representatives to Assembly.
- 4.5.8. Sends out notices and handles all other correspondence that is not the proper function of a Committee or another Board member.
- 4.6. **TREASURER RESPONSIBILITIES:**
 - 4.6.1. Assume office immediately, but allow sixty (60) days after election to work with the previous Treasurer to balance books and receive all materials for the position.
 - 4.6.2. Maintain a mailing address to receive donations. Retrieve the mail at least every two weeks.
 - 4.6.3. Maintain bank accounts in U.S. funds.
 - 4.6.4. Record receipts and disbursements.
 - 4.6.5. Reimburse Board members and Committee Chairs for approved expenses.
 - 4.6.6. Record donations by group number.
 - 4.6.7. Complete government forms as required, including annual renewal of corporate registration with the state of Oregon and annual federal income tax filing.
 - 4.6.8. Maintain up-to-date financial information including balancing checking accounts monthly.
 - 4.6.9. Submit financial reports to the board, the audit committee, and the budget & finance committee on a monthly basis, and prior year-end and current year-to-date financial reports for inclusion in the Assembly Notebook.
 - 4.6.10. Provide year-end reports and all supporting materials, paper and electronic, to the Chair of the General Audit Committee for the annual audit by February 28.
 - 4.6.11. Provide reports and all supporting materials, paper and electronic, to the Chair of the Convention Audit Committee within 45 days of the close of Convention.
 - 4.6.12. Work with the Budget, Finance and Delegate Support Committee to create a budget proposal for the following year. This proposed budget is submitted to the Board for discussion at the June Board meeting. Submit budget to Assembly for approval.
 - 4.6.13. Review Budget and Finance policies annually.
 - 4.6.14. Provide members with expense and donation forms as requested.
 - 4.6.15. Act as Liaison to Committees and Intergroups, as assigned.
- 4.7. **TECHNOLOGY COORDINATOR RESPONSIBILITIES:**
 - 4.7.1. Solicits, assembles, edits material, maintains website and social media sites as appropriate.
 - 4.7.2. Considers the current Region One policies and World Service guidelines in all publications.
 - 4.7.3. Consults with the Region One Board as to content and information to be published and makes no major changes in format or content without approval of the Board.
 - 4.7.4. Maintains a current backup of Region One digital assets, including the website, any shared file resources or databases, at least monthly.

- 4.7.5. Oversees user account and password security for Region One accounts.
- 4.7.6. Promotes appropriate WSO, OA and Regional communications (such as A Step Ahead, WSO Bulletins, Intergroup Newsletters, etc.)
- 4.7.7. Is a resource for intergroups and Service Bodies who request support for setting up and maintaining websites or social media outreach.
- 4.8. **MEMBER AT LARGE RESPONSIBILITIES:**
 - 4.8.1. Shall provide back up to all Board positions, except for Chair. Shall step in to temporarily perform the duties of any Board member other than Chair, as needed.
 - 4.8.2. Support special projects and Intergroup Renewal efforts within Region One, as requested by the Chair.
 - 4.8.3. Update and maintain the Region One speaker list. Actively recruit throughout the year to build the list, and share information when requested by OA members or service bodies.
 - 4.8.4. Update and maintain the Region One sponsorship and contact list. Actively recruit throughout the year to build a diverse list, and share information when requested by OA members or service bodies.
 - 4.8.5. Act as Liaison to Committees and Intergroups, as assigned.
- 4.9. **REGION ONE TRUSTEE RESPONSIBILITIES:**
 - 4.9.1. Fulfills duties as described in World Service Business Conference (WSBC) Bylaws.
 - 4.9.2. Keeps Region informed of current business concerning Region One and OA as a whole.
 - 4.9.3. Attends Region One Board meetings, being a link between Region One and WSO.
 - 4.9.4. Is available to speak throughout Region One as schedule permits and within allowable finances.
 - 4.9.5. Serves on the Nominations Committee during Assembly elections (if not running).
 - 4.9.6. Assists Intergroups with service and tradition-related events.
 - 4.9.7. Maintains communication with unaffiliated groups.

5. BUDGET AND FINANCE

5.1. FINANCE

- 5.1.1. Region One shall operate its finances in an orderly and cost-effective manner.
- 5.1.2. Region One funds will be accounted for in accordance with recognized financial accounting practices and in compliance with all laws.
- 5.1.3. The Treasurer, the Chair and the Second Vice-Chair shall be authorized signers on Region One accounts. One additional Board member may be an authorized signer if deemed necessary and approved by a majority vote of the Board.
 - 5.1.3.1. Passwords for all accounts holding Region One funds shall be secured and shared with those authorized signers as specified in 5.1.3.
 - 5.1.3.2. Board Members shall immediately surrender all assigned bank cards at the end of their term or upon their resignation.
- 5.1.4. All funds shall be held in registered and insured financial institutions.
- 5.1.5. All expenditures must be supported by related receipts.
- 5.1.6. All accounts which involve Region funds shall be audited on an annual basis. The Chair shall appoint an Audit Committee of at least three people whose duties shall be to audit all such accounts. The committee shall create a written audit report for the year. The written report and the convention and general fund audit shall be included in the Assembly Notebook materials.
 - 5.1.6.1. The Convention audit shall be completed within 90 (ninety) days of the close of Convention.

5.1.6.2. The general fund audit shall be completed by April 30.

5.2. BUDGET

5.2.1. Region One operates on a fiscal year running from January 1 through December 31.

5.2.2. The Budget & Finance Committee shall draft a budget for the upcoming fiscal year, based on realistic expectations of revenue and fund balances above the level of prudent reserve, and the amount of funds required to operate the programs the Assembly has approved, to be submitted to the Assembly for approval. After review and amendment, the Assembly shall adopt the budget for the coming year.

5.2.3. Region One funds shall be disbursed in accordance with the budget. Any expenditure that would cause a budgeted line item to be exceeded by 10% shall require approval by the Board. If the Board approves a budgeted override, such action shall be brought forward at the next Assembly for ratification.

5.2.4. Half way through the fiscal year, the Budget, Finance and Delegate Support Committee may review the current year's budget and suggest spending reductions if necessary to the Region One Board.

5.2.5. Region One shall annually use excess funds as follows:

5.2.5.1. Up to 30% to be used for Board Special Projects

5.2.5.2. Up to 30% to be used for Member Outreach to our members, groups and Intergroups

5.2.5.3. Up to 15% to be used for Representative Support

5.2.5.4. Up to 15% to be used for WSBC Delegate Support

5.2.5.5. Up to 10% for PIPO

5.2.5.6. Up to 10% to increase funding for project teams per their request

5.2.5.7. The remainder, at least 10%, to be sent to the World Service Office of Overeaters Anonymous

Excess funds are calculated as follows: bank balances per book at year-end less Prudent Reserve, less already-budgeted targeted expenses for the coming year. Targeted expenses for this purpose include: Board Special Projects, Member Outreach, Representative Support, and WSBC Delegate Support.

5.2.6. Trustee Nominees who are affirmed at Assembly may apply for funding to attend WSBC for the year of their Election.

5.2.7. Region One shall provide for sending two of its officers to each World Service Business Conference as follows:

5.2.7.1. The Region One Chair, or if not available, the next available officer as designated below in (5.2.7.3), who shall register as a WSBC Delegate and represent Region One on the Region Chairs Committee and at any other Region Chair activities at the WSBC, and

5.2.7.2. The next available officer as designated below in (5.2.7.3), who is eligible to be registered as a delegate from their intergroup shall assume the duties of the officer listed above in (5.2.7.1) if that officer is unavailable and/or unable to carry out those duties.

In such a case where WSBC designates this region as being eligible to send another Region One Delegate to the next WSBC, the second board member sent shall fulfill that position as a voting delegate. If no officer is eligible to serve as a delegate from their intergroup (or when appropriate a Region Delegate) to the WSBC, the officer will register as an Alternate Delegate.

5.2.7.3. The order of the officers will be the following: Chair, Vice Chair, Secretary, Treasurer, Technology Coordinator, and Member at Large.

5.2.7.4. Funds available for sending these officers shall be listed in a separate line item in the budget as “WSBC Representation.”

5.3. PRUDENT RESERVE

- 5.3.1. A Prudent Reserve of six months’ operating expenses shall be maintained in a separate account. Prudent reserve shall be calculated annually by taking an average of the prior three years’ net annual operating expenditures and dividing by two. Targeted funds (Board Special Projects, Member Outreach, WSBC Delegate Support, Representative Support) shall not be included in this calculation of net operating expenditures.
- 5.3.2. If due to extraordinary circumstances, net expenditures of any particular year are less than 70% of either of the other two years in the calculation, the Treasurer will use an average of the previous five years instead of three years.
- 5.3.3. If the Prudent Reserve falls below the required level, a minimum of \$500 per quarter shall be transferred to this account from the general account until the Prudent Reserve level is restored. If the Treasurer's report at any Board meeting indicates a reasonable expectation that transfers out of the Prudent Reserve account shall be required in the next quarter, the Budget & Finance Committee shall meet, and present a plan for reducing operating expenses for Board approval.

5.4. REPRESENTATIVE AND DELEGATE SUPPORT

- 5.4.1. Representative Support
 - 5.4.1.1. Region One may provide support funds to assist Intergroups that would not otherwise be fully represented at Region.
 - 5.4.1.2. Support for Representatives is awarded only to Intergroups registered for the Assembly and may only be used for expenses incurred for the Assembly by the Representative.
 - 5.4.1.3. Applications for Representative support must be received by the Region treasurer from the requesting Intergroups by July 15 prior to Assembly. The applications will be reviewed by the Budget, Finance and Delegate Support committee, which will make recommendations to the board about how to distribute the available Representative support funds. The board will confirm the recommendations by August 1. The Intergroups that applied will be notified of how much, if any, support has been approved by August 15. The Region One Board may waive the deadlines if needed.
 - 5.4.1.4. Where multiple requests are received and funds allow, support for Assembly Representatives shall be awarded as follows:
 - 5.4.1.4.1. First: To new Intergroups or Intergroups that have never sent Representatives to the Region One Assembly.
 - 5.4.1.4.2. Second: To Intergroups that have not sent Representatives to the Region One Assembly in the last five years.
 - 5.4.1.4.3. Third: To Intergroups that have sent Representatives to the Region One Assembly in the past five years.
 - 5.4.1.4.4. Fourth: To Intergroups that would otherwise not be fully represented without financial assistance.
 - 5.4.1.5. In the spirit of Seventh Tradition self-support, it is requested that – where feasible – each applicant intergroup provide *some* portion of the Representative expenses from their available treasury, and/or offer to conduct a fundraising event within their larger service body to help defray their Assembly Representative expenses.
- 5.4.2. WSBC Delegate Support

- 5.4.2.1. Region One may provide support funds to assist Intergroups that would not otherwise be represented at World Service Business Conference (WSBC).
- 5.4.2.2. Support for Delegates to WSBC is awarded only to Intergroups registered for WSBC and may only be used for expenses incurred for WSBC by the Delegate.
- 5.4.2.3. Applications for WSBC Delegate support must be received by the Region treasurer from the requesting Intergroups by October 1. The applications will be reviewed by the Budget, Finance and Delegate Support committee before Assembly, and they will make recommendations to the board at the first board meeting after Assembly. The Intergroups that applied will be notified immediately. The Region One Board may waive the deadlines if needed.
- 5.4.2.4. To determine the support to be awarded, the Region One Treasurer will inform the Budget, Finance and Delegate Support committee of the fund's budget and add to that any specific donations.
- 5.4.2.5. Where multiple requests are received and funds allow, support for WSBC delegates shall be awarded as follows:
 - 5.4.2.5.1. First: To new Intergroups or Intergroups that have never sent delegates to WSBC.
 - 5.4.2.5.2. Second: To Intergroups that have not sent delegates to WSBC in the last five years.
 - 5.4.2.5.3. Third: To Intergroups that have sent delegates to WSBC in the past five years.
- 5.4.2.6. In the spirit of Seventh Tradition self-support, it is requested that – where feasible -- each applicant intergroup provide *some* portion of the delegate expenses from their available treasury, and/or offer to conduct a fundraising event within their larger service body to help defray their Conference delegate expenses.

5.5. PUBLIC INFORMATION/PROFESSIONAL OUTREACH GRANTS

- 5.5.1. The Region One budget shall include a line item for Public Information grants, the amount to be voted on at each year's Assembly.
- 5.5.2. A single Intergroup, or coalition of Intergroups (service bodies), may make application for grant funds by submitting a request for such funds through the Public Information/Professional Outreach Committee.
- 5.5.3. Proposals shall be in accordance with the Twelve Steps and Twelve Traditions of Overeaters Anonymous.
- 5.5.4. Written proposals shall be submitted to the Public Information/Professional Outreach Committee and must include the following:
 - 5.5.4.1. The identity of the proposing service bodies, including the signature of the Chair(s) and contact information for the person responsible for the project.
 - 5.5.4.2. A complete description of the proposed project, including how the proposal was developed, any research done on locations, demographics, and prices.
 - 5.5.4.3. The target audience and projected number of people to be reached.
 - 5.5.4.4. The projected total cost of the project, including direct and indirect costs, the amount the service body intends to cover or receive from other sources, and the amount of the grant requested.
 - 5.5.4.5. A projected timeline, including the starting and proposed ending date of the project.
 - 5.5.4.6. A proposed method of measuring results.

- 5.5.4.7. Whether any of the project materials may be useful for other Region One service bodies.
 - 5.5.5. When written proposals are approved by the Public Information/ Professional Outreach Committee, they will be forwarded to the Treasurer.
 - 5.5.5.1. Requests of under \$200 which fall within the line item budget for Public Information/ Professional Outreach grants may be approved by the Treasurer.
 - 5.5.5.2. Requests of over \$200, or if the request would exceed the budgeted amount for Public Information grants, shall be forwarded to the Board for approval, and, if necessary, a budget override.
 - 5.5.5.3. Receipts for all monies spent shall be forwarded to the Treasurer in accordance with Region One policies.
 - 5.5.6. The project's Chair will keep the Public Information/Professional Outreach Chair advised of the progress and status of the project. The Public Information/ Professional Outreach Chair will include this information in their quarterly reports to the Board. Within 30 days of the close of the project, a final report shall be submitted to the Public Information/Professional Outreach Chair and the Board, and all remaining funds will be returned to the Region One treasury.
- 5.6. REIMBURSEMENT:**
- 5.6.1. Reimbursement forms accompanied by related receipts shall be submitted to the Treasurer, except that the Treasurer shall submit their own reimbursement requests to the Chair. The Treasurer shall approve reimbursements and issue checks according to the following guidelines:
 - 5.6.1.1. Board members and Committees shall be reimbursed for their reasonable expenses in performing their designated duties. Board members and Committees shall attempt to use the most cost effective means of performing their duties.
 - 5.6.1.2. Board members: travel shall be reimbursed at:
 - 5.6.1.2.1. actual cost; or
 - 5.6.1.2.2. the IRS charitable volunteer mileage reimbursement rate.
 - 5.6.1.3. Lodging shall be reimbursed at double occupancy, unless reasonable circumstances deem otherwise. If rooms are shared with persons not eligible for reimbursement, Region One will reimburse only the Board member's share of the lodging.
 - 5.6.1.4. Up to five nights lodging shall be reimbursed for Assembly/Convention for all current Board members. Newly elected Board members may apply for reimbursement if not already funded by another service body. The Chair, or his/her designee, may be reimbursed for an additional night of lodging at single occupancy if deemed necessary by the Board.
 - 5.6.1.5. Committees shall submit requests for reimbursement to their liaison Board member. The Board member shall forward approved requests for reimbursement to the Treasurer.
 - 5.6.2. Board nominees who are not current Region 1 Representatives may request funding to attend Assembly as follows:
 - 5.6.2.1. Applicant is not presently funded by another service body
 - 5.6.2.2. Applicant does service at Assembly as assigned by the Region 1 Board and policy manual

- 5.6.2.3. Region 1 will pay for two nights' lodging at half the daily room rate based on double occupancy, and the cost of Assembly registration. Transportation and meals will be compensated on a receipted basis by the Treasurer
- 5.6.2.4. Deadline for application for funding is sixty (60) days prior to Assembly.
- 5.6.3. A Board or committee member may request an advance for anticipated expenditures. When the expenditure is made, the related receipts must be forwarded to the Treasurer.
- 5.6.4. If an advance or other prepaid funds are not used for the purpose intended, any funds not used for Region One business shall be returned to Region One. This requirement may be waived if the Board deems the reason the funds were not used for their intended purpose was an emergency.
- 5.6.5. If the Treasurer does not approve a request for reimbursement, either because it is inconsistent with the Region One Policies or because it is not deemed reasonable, the person requesting reimbursement may ask for a decision from the Board. If the member is not satisfied with the decision of the Board, the decision may be brought before the Assembly. At the Treasurer's discretion, advances may be made to cover the portion of the reimbursement that is not under appeal.
- 5.6.6. When Region One elects to send and finance regional delegates to the World Service Business Conference, the selected delegates shall follow the same usage and reimbursement policies and procedures as those stated above for Region Board and committee members. Region One Delegates to WSBC may be compensated for up to four nights lodging at double occupancy.

6. REGION ONE ASSEMBLY

6.1. REPORTS:

- 6.1.1. Each Committee, Intergroup Chair, and Board Member is expected to prepare a report for Assembly. Each report shall include the author's name and date of report. Reports are to be submitted electronically in Word format. When the call for reports is made before Assembly, it would be helpful to the committees if this language is included in the request.

6.2. NOMINATIONS:

- 6.2.1. The written applications of those nominated for Region One positions shall be printed and included in the Assembly notebook if they are received at least thirty (30) days before Assembly. Any nominees applying for a position later than that are responsible for providing a copy of their written application to each member of the Assembly. Applicants may contact the Nomination Chair concerning disbursement of copies.
- 6.2.2. Voting procedures and guidelines shall be included in the Assembly notebook.

6.3. MOTIONS:

- 6.3.1. The Bylaws committee shall create and provide a form for submitting main motions to the Assembly. Main motions, as described in Robert's Rules of Order Newly Revised, are those motions that bring business before the Assembly. These include policy and bylaw changes, and requests for Region One to take action.
- 6.3.2. The Bylaws committee shall send to each Intergroup and Committee Chair a copy of the motion form at least one hundred twenty (120) days prior to the start of the annual Assembly. This communication may be electronic and shall include a copy of the Region One Policies and Procedures and a copy of the Region One Bylaws.
- 6.3.3. Intergroups and committees shall use the form to submit main motions to the Bylaws committee or the Region One Board sixty (60) days prior to Assembly in order to be included in the notebook.

- 6.3.4. Main motions must be provided electronically to Representatives thirty (30) days prior to the Assembly.
- 6.3.5. Main motions may also be made from the floor by Board members, registered Representatives, and committees.
- 6.3.6. Motions may be ruled out of order by the Region One Chair at the Assembly. Any voting member may appeal the Chair's decision if this occurs. If the Chair determines that the motion is out of order, and that determination is challenged, the conflict is resolved by balloting the Assembly Representatives.
- 6.3.7. Emergency New Business motions are matters of an urgent nature that, if not acted upon before the end of the Assembly, might have a detrimental effect on the welfare of the Assembly or Region One. Such motions shall be submitted to the Board and considered for discussion by an Emergency New Business committee established by the Region One Chair, subject to the rules of the Assembly.

7. REGION ONE REPRESENTATIVES

- 7.1. **EACH REPRESENTATIVE SHALL COMPLETE THE ONLINE ASSEMBLY REGISTRATION FORM** at least forty-five (45) days prior to Assembly and affirm election by his or her service body. The Region One Board may waive this deadline if deemed necessary. The Representative will indicate Committee assignment preferences by completing a survey provided electronically prior to Assembly.
- 7.2. **DURING THE ASSEMBLY, REPRESENTATIVES SHALL:**
 - 7.2.1. Attend all business sessions, arriving on time, as required for voting.
 - 7.2.2. Participate in meetings of their assigned committee, creating an agenda and setting goals for the coming year.
 - 7.2.3. Complete the Assembly evaluation form included in the Assembly notebook.
- 7.3. **AFTER ASSEMBLY, REPRESENTATIVE SHALL:**
 - 7.3.1. Report on the Assembly proceedings orally and/or in writing to the Intergroup and to individual groups whenever possible, encouraging others to become involved in Region One service.
 - 7.3.2. Keep in contact with their assigned committee, fulfilling the agreed-upon committee assignments for the year.
- 7.4. **AS TIME ALLOWS, REPRESENTATIVES ARE ENCOURAGED TO:**
 - 7.4.1. Write articles for their Intergroup or Region One publications and World Service publications.
 - 7.4.2. Lead workshops, as arranged by the Intergroup or Region One.
 - 7.4.3. Provide assistance to the Board as may be requested from time to time.

8. REGION ONE CONVENTION

8.1. HOTEL

- 8.1.1. When an Intergroup is awarded the bid to host a Region One Convention, it shall submit a list of possible hotel sites and dates available at the next regularly scheduled Board meeting. The Board shall vote and give the committee their first three choices. The Convention Committee shall have the final selection from those three choices.
- 8.1.2. The complimentary rooms received from the hotel will be used in the following manner: The first room used as a hospitality room. A decision on the disposition of additional complimentary rooms will be cleared through the Vice Chair.
- 8.1.3. Consideration of holidays shall be taken into account when scheduling Region One events and dates shall be approved by the Vice Chair. The Canadian Thanksgiving is on the second Monday in October.

8.2. WAYS AND MEANS

- 8.2.1. Sales of Ways and Means items during the Region One Convention are restricted to items offered by the Region One Board and the hosting Intergroup(s).
- 8.2.2. When Region One funds are used to buy Ways and Means items for Region One Convention, all profits on the sale of those items shall go to Region One.
- 8.2.3. The hosting Intergroup(s) may choose to purchase and sell Ways and Mean items at the Region One Convention; ten (10) percent of the profits on the sale of those items shall go to Region One.
- 8.2.4. The hosting Intergroup(s) shall present for approval a Ways and Means plan before the March Board meeting preceding the Convention, specifying the proposed source of funds for each item. Region Board approval is required before Region One funds are spent.
- 8.2.5. The Region One Board may conduct raffle fundraisers in relation to the convention that include, but are not limited to, an Annual Convention Raffle, and a 50/50 raffle. Particulars of each fundraiser may be modified at the board's discretion up to the point at which the fundraising effort commences.

8.3. REGISTRATION

8.3.1. Fees and Scholarships

- 8.3.1.1. The annual Region One Convention will have a set registration fees. All OA members attending are expected to pay the set registration fee.
- 8.3.1.2. Newcomers, defined as any OA member who joined OA after the end of the previous Region One Convention, and members' non-member guests shall pay no registration fees.
- 8.3.1.3. Any member who wishes to attend and, because of personal finances cannot pay the full fee, must go through the Vice Chair or designated members of the Convention committee to seek a partial registration scholarship of a fee reduction for admittance to topics, workshops, and speaker sessions.
 - 8.3.1.3.1. Registration scholarships in the amount of half of the set registration fee will be awarded as scholarship funds are available. Scholarships are awarded directly by the Convention Committee. The Convention Committee will encourage all OA Members to make a donation to the scholarship fund.
 - 8.3.1.3.2. In the event that no scholarship funds are available and cannot be raised, the Vice Chair may approve a registration fee reduction to ensure that no OA member is turned away from attending the topics, workshops, or speaker sessions because of lack of funds.
- 8.3.1.4. Records of all scholarships and reduced fees are to be kept as part of registration tracking.

8.3.2. Registration Forms

- 8.3.2.1. Posters, flyers and registration forms for Region One events shall not include the name of the speaker(s).
- 8.3.2.2. The registration and meal costs shall have two columns on the registration forms, one column for U.S. funds and another column for the equivalent in Canadian funds.
- 8.3.2.3. The Vice Chair must approve the flyers before printing.
- 8.3.2.4. Printed and online registration forms are to be available:
 - 8.3.2.4.1. At least six months prior to Convention and in time for World Service Business Conference (WSBC).

- 8.3.2.5. A registration form shall:
 - 8.3.2.5.1. be filled out for every person attending.
 - 8.3.2.5.2. have a number assigned to it.
 - 8.3.2.5.3. be accounted for on a master list.

8.4. PROGRAM

8.4.1. Keynote Speaker Selection

- 8.4.1.1. The Region One Board shall submit an unranked list of at least six (6) possible keynote speakers to the Convention Committee by July 30th of the year prior to Convention for the Committee to research. The Convention Committee may add additional speakers to the list for consideration.
- 8.4.1.2. The Convention Committee shall submit an unranked list of possible keynote speakers of no more than five (5) names to the Board by the January Board meeting. The list shall include at least two (2) choices from the list of names provided by the Board. The Board shall give the Convention Committee an unranked list of three (3) choices from the list of five (5) and leave the final decision from this list up to the Convention Committee.
- 8.4.1.3. The Convention Committee, from this list of three, shall ask a second speaker to keep the Convention date open in case of cancellation by the first speaker.
- 8.4.1.4. All Convention keynote speakers shall have at least five (5) years of current, continuous abstinence.
- 8.4.1.5. No Region One Convention keynote speaker shall be considered again for five (5) years.
- 8.4.1.6. Cost effectiveness shall be taken into consideration in selecting speakers.

8.4.2. Topic/Speakers

- 8.4.2.1. Region One Convention will have only Overeaters Anonymous speakers. Only OA-Approved literature or media may be displayed. No other twelve-step meeting shall be listed on the program.
- 8.4.2.2. The Region One Convention shall provide meeting space for OA impromptu meetings. Final approval for meetings must be from the Convention Chair, the Chair of Region One, or the Region One Trustee. Topics will be approved only if they are in keeping with the OA traditions. In keeping with Tradition Three, special focus meetings are open to all OA members.

8.5. FINANCES

- 8.5.1. Convention finances shall be managed in accordance with Region One Policies, as defined in Section 5 – BUDGET AND FINANCE, except that reimbursement requests for expenses shall be submitted to Region One Vice-Chair for approval and payment.
- 8.5.2. The hosting Intergroup(s) shall present a budget for approval before or at the March Board meeting preceding the Convention.
- 8.5.3. All proceeds, books, supporting documents, and receipts shall be remitted to the Region One Treasurer within thirty (30) days of the close of Convention.
- 8.5.4. Any outstanding invoices and/or receipts after that thirty (30) day period shall be sent directly to the Region One Treasurer for payment and/or reimbursement at the discretion of the Board. No reimbursements shall be made after the Convention Audit is completed.

8.6. MISCELLANEOUS

- 8.6.1. The Convention Chair shall submit a written Convention report before each Board meeting during the year before the Convention. Final reports from the Chair and

committees are to be submitted before the January Board meeting after Convention. These reports may be included as a part of the Vice Chair's report.

- 8.6.2. The Convention Chair shall be reimbursed for lodging and per diem, consistent with the Board policy on expenses, for the actual Convention days, Friday afternoon from the opening of registration through the Sunday closing ceremony of Convention.