

Per Person * (circle choice)	US	CDN
Best Value Rate Thru August 31, 2019 - Includes registration and Saturday banquet**	\$145	\$194
Registration after August 31 Includes banquet**	\$165	\$220
Registration Only: Fri-Sun (no banquet)	\$125	\$167
Friday Speaker (Only)	\$25	\$33
Saturday Sessions & Speaker (no banquet)	\$85	\$113
Sunday Speaker (Only)	\$25	\$33
Banquet only-per person*	\$45	\$60
Number of guests _____ Total =	\$ _____	\$ _____
Scholarship donation to help another (optional)	\$ _____	\$ _____
Total funds enclosed: Make payable to: Region One Convention	\$ _____	\$ _____

*By registering, I acknowledge that Convention sessions are recorded and audio may be posted on the Region One website. I understand that if I choose to share at any session, my voice may be part of that recording.

**Purchase of banquet (buffet) helps Region 1 meet food & beverage minimums and reduces overall costs.

For financial assistance or scholarship, to change or cancel, or if you need a roommate, contact the registrar, Dorothy, at (503) 520 1855 or at registration@oaregion1.org.

No refunds after September 30, 2019. After this date, contact the registrar. Registrations are transferrable or can be donated to the scholarship fund.

Confirmations are sent via email or by mail if a self-addressed, stamped envelope is included with registration.

REGISTER ONLINE:

www.oaregion1.org

OR MAIL REGISTRATION & PAYMENT TO:

Region 1 Convention
c/o Dorothy C.
16534 SW Matador Ln
Tigard, OR 97224

Make check or money order payable to:
Region One Convention

To receive **Best Value Rate**, registration must be postmarked or completed online by **August 31, 2019**.

Please, print legibly! Thank you.

Name _____

Address _____

City _____

State/Province _____

Zip/PC _____

Email _____

Phone _____

Emergency contact & phone # _____

Service Opportunities

Registration	Ways & Means (Store)
Greeter	Session Intro & Timing
Speaker**	Audio Recording Helper

Session speakers must have at least **1 year of continuous abstinence.

**Preferred Topics _____

Region One Convention



Overeaters Anonymous

October 18 – 20, 2019

Portland, Oregon

www.oaregion1.org

Monarch Hotel & Convention Center
12566 SE 93rd AV, Clackamas, OR, 97015



Convention Schedule

(subject to change)

Friday, October 18, 2019

2:00 - 6:45pm	Registration
2:00 - 6:45pm	Boutique open
7:00pm	Grand Opening & Keynote Speaker
9:00pm	OA Social

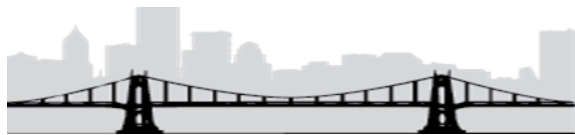
Saturday, October 19, 2019

7:00 - 8:45am	Early morning events
8:00 - 9:30am	Registration
9:00am	Morning sessions begin
11:50am	Lunch & free time,
1:30pm	Afternoon sessions begin
4:30pm	Break
6:00pm	Banquet (buffet style) & Keynote Speaker
8:30pm	Entertainment

Sunday, October 20, 2019

9:00am	Keynote Speaker, Basket and quilt raffles, Closing ceremonies
12:00pm	Convention Ends

www.oaregion1.org



Hotel Reservations

Monarch Hotel & Conference Center 12566 SE 93rd Avenue Clackamas, OR 97015

(800) 492-8700

www.monarchhotel.cc

Hotel is located next to I-205 at the Sunnyside Rd / Sunnybrook Blvd exits.

Room Rate:

\$129 USD per night for 1-4 people
(plus 7.8% taxes)

This rate is available Oct. 13th - 22nd

Reservations:

Room rate discounts are available through September 25, 2019. However, these rooms can sell out. Don't wait to reserve your room!

Reserve by phone and request:

Region One OA group discount – OAR1
(800) 492-8700 (toll free)
(503) 652-1515 (direct)

OR:

Reserve online and use:

Online group code: OAR1
>> www.monarchhotel.cc

OA Region One Convention
October 18-20, 2019

Convention Hotel

Check-in: 3:00pm
Check-out: 11:00am

SITE AMENITIES

- 20 minutes from downtown Portland
- Free on-site parking
- Complimentary airport shuttle
- ½ mile to MAX Light Rail Green Line
- Free area transportation—1-mile radius – 2 malls & many restaurants close by
- Onsite restaurant and coffee bar
- Fitness center nearby, discounted cost
- 20-mile jogging / biking path
- Lobby business center
- Free Wi-Fi throughout the hotel
- 4 ADA Rooms w/ one queen bed each

ALL HOTEL ROOMS INCLUDE:

- Refrigerator - but NO microwave
- 32" HDTV, Cable TV
- Work desk & chair
- Alarm clock/radio
- Data ports
- Iron & ironing board, hair dryer

Staying at the convention hotel and fulfilling room block minimums helps Region One qualify for reduced meeting room rates.

