

Region One Board Minutes

Wednesday, November 16th, 2022

3:30 PM Pacific

VIA Zoom

Board Attendees: Alice W. (Chair), Sue B. (Outgoing 1st Vice-Chair), Carrie A. (Treasurer), Diane D. (Technology Coordinator), Lisa S. (Secretary) Erin F. (Member-at-Large), Margie G. (Trustee)

The meeting opened with the Serenity Prayer.

Erin read the Region 1 Mission Statement and Primary Purpose.

Erin read the days reading from Voices of Recovery.

Additions to the agenda: Diane asked that a WSBC Delegate Support application be added to the agenda.

Board Meeting Minutes: The October Minutes were approved as amended. *Lisa will send the amended minutes to R1 Intergroups' Chairs and to Diane. Diane will post them on the R1 website.*

2022 Convention Review: Sue gave her report on the R1 Convention

- Over 500 hundred people registered for the convention.
- 200 registrants were newcomers.
- The Help Desk fielded 30 requests for assistance. Many of the questions were due to difficulties with the password.
- **Recommendations for next year:**
 - Use a different font for the password to enter the convention zoom room/website and put any special characters in the middle of the password.
 - There were questions regarding the Food Plans session, Board members should review the recording before it is posted to the website.
 - Next years convention will be in person. The hotels in Seattle should be ready to hold conventions. Erin will check with the Greater Seattle Intergroup regarding hosting.
 - Sue indicated that she would be available to assist Teri in terms of writing and signing the contract with the hotel for the convention. She stated links to the hotel sound system needs to be included in the contract.
 - A 2022 Convention recap meeting will be held in December.

- **Convention Financials:**

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- o Carrie reported a net income of \$4383.35.
- o The Convention financial statements need a separate audit but can be done by the same audit team as the Region One financial statements.

Board Outreach Calendar

- **Big Sky Intergoup:** Requested a Board member come speak at an in-person event. The possible dates are February 18, February 25, or March 11. They have not stated a topic. **Erin stated that she could do it, preferably on March 11. Teri is the IG Liaison and Erin will check with Teri to see if Teri could do it with her. Alice said she could possibly do it.**
- **Intergroup Chair Monthly Check-in:** Scheduled for January 8 @ 4 pm via zoom.

Financial Update

- **October Financial Report:** Carrie shared the October income and outgoing expenses.
- **10% over budget expense approval:** There were no expense items that went 10% or more over budget.

Insurance Update:

- **Erin and Carrie will follow up on liability insurance together.**

2023 Convention/Assembly

- Next year's Region Convention will be an in-person event held in the city of Seattle.
 - o **Host Intergoup:** **Erin will ask the Greater Seattle Intergroup to approve hosting the convention at their December 6th intergroup meeting.**
 - o **Date:** The Board proposed holding the convention on Friday, October 13, through Sunday, October 15. The dates need to be approved by the host Intergroup. **Teri will seek approval of the dates from the GSI Board.**
 - o **Assembly:** The Board suggests that assembly be held in person on Wednesday, October 10, through Thursday, October 12.

WSBC Delegate Support Application

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- The Board approved a motion to fund a late application from the North Cascades Intergroup for \$600.00 to send two delegates to the 2023 WSBC.
 - **Diane will send the North Cascades IG the application.**
 - **Diane will ask the BFDS Team to announce to Region One IGs that there are still R! Delegate Support funds available.**

Board Special Projects

- **Literature to Region One intergroups:** Two R1 intergroups still need to be contacted regarding the free journals and new Voices Of Recovery.
 - **Alice will contact Alaska IG.**
 - **Erin will contact Anchorage IG.**
- **Sponsorship Journals:** This will become a BFDS team project. Before printing, the booklets need to be proofread. **Carrie will proofread the journals first. Candace will do a second proofread.**
- **Newcomers Packets:** Alice has postage for send newcomers packets.
- **Face to Face Funding Requests**
 - Southern Oregon/Northern California has contacted Lisa via email requesting \$200.00 for an in-person event. Lisa has informed them what information is needed to apply for the grant. The Board will vote on approving the application when the information is provided to the IG Liaison. **Lisa will follow up on the application.**
 - **Board Members will inform their liaison intergroups that grants are available to fund face to face events.**
- **Rent/Literature Assistance for groups to transition to face-to-face meetings**
 - Groups are trying to return to F2F meetings and do not have enough funds to cover rent.
 - Alice proposed Region help with grants to cover two to three months rent. Funds would have to be provided in conjunction with the intergroups. **Alice will take idea to the IG Chairs at the January check in.**

2022 Assembly Recap

- **Post Assembly Packet** - Lisa met with Beverly and has begun working on the Bylaws and Procedure. **Lisa will complete the packet and will meet with Alice to finalize.**
- **Ideas for next year –**

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- There is a proposal that Assembly meet in person next year
- A second proposal is to have the Special Project Teams meet before Assembly.
- A vote approving these proposals will be held when the dates are confirmed.

Transition Back to Periodic In-Person R1 Board Meetings

- Alice proposes that the R1 Board return to periodic in person meetings.
 - The Board would meet within one of the intergroups, put on a workshop and then have the meeting.
 - Meet once in October and once towards the end of May or June.
 - Alice asked that Board members come prepared to discuss this at the next Board meeting.

The Meeting Closed with the Founders Promise.