

## Region One Board Minutes

May 19, 2024  
2:00 PM pacific  
VIA Zoom

### Board Members:

- *Present:* Alice W (Chair), Martha R. (2<sup>nd</sup> Vice-Chair), Judy (Treasurer), Diane D. (Technology Coordinator), Lori B. (1<sup>st</sup> Member-at-Large), Robin E. (2<sup>nd</sup> Member-at-Large)
- *Absent:* Lisa (Secretary), Beverly M. (Trustee Liaison)

**Alice W Chaired the meeting.**

**The meeting opened with the Serenity Prayer.**

**Martha read the Region One Mission Statement and Primary Purpose.**

**Robin read today's reading from For Today.**

**Additions to the Agenda:** No additions to the agenda.

Alice will add the meeting zoom info in the agenda for future meetings

### Approval of April Board Meeting Minutes:

- Minutes were adopted as submitted.

### Board Outreach Calendar

- Upcoming Board Blog submissions:
  - May 27: Second MAL
  - June 10: Chair
  - June 24: First VC
- Request for Board Visits
  - Anchorage
    - In contact with Paula. Prefers Fall to summer. September 21.
    - Follow-up on Board Inventory
  - Northern Lights on June 22nd.
    - Lori and Robin will lead a virtual event – Fellowship in the Virtual World.
  - Lake Country Intergroup
    - Lake Country has made an informal request. The Intergroup has not submitted an application.
    - Diane will follow up with Lake Country Intergroup.

### Financial Update – Judy

- Financial report – Been reconciling books from prior months
- Get your WSBC expenses in
  - Make sure you include airline on expense report, even if pre-paid
  - Form on website under Documents/Budget
- Any items 10% or more over budget?

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### WSBC Wrap Up

- Planning a recap meeting for delegates
- Ways and Means Project
  - Need to consider the person who has to get stuff there and back when we decide on project; put in more parameters around what we do at the boutique (whatever we can fit in a carry-on, for example)
  - Didn't meet budget hope of spend \$500, make \$800
  - Look at budgeting and check on fruitfulness going forward
- WSBC 2025 – Virtual attendance only. May 2-10, 2025
  - More days but fewer hours each day
  - Affects budget – if non-profit and have projects that roll over more than one year, we're allowed to hold money back until next year. Will be easier to budget half each year than have large changes every other year

### 2024 Convention Update: Bellingham, WA, October 18-20, 2024

- Theme: Gateway into Recovery
- Monthly meetings: Third Wednesday of the month
  - Team met May 15
  - Diane and Martha – AV and hybrid possibilities; zoom meeting set up with Emily from hotel to make proposal
  - Alice and Martha – will discuss cost for convention – day rate/full convention rate
  - All but two chairs chosen for convention – boutique and entertainment
  - Google Drive set up for shared documents
  - Logo competition still going on for a couple more weeks
  - Martha will create a timeline/to do list spreadsheet

### Assembly 2024: Bellingham, WA; Oct 16-17

- New Parliamentarian: Denise O
- Theme – nothing determined yet
- Email sent to intergroups
- Need to set registration cost – supposed to bring in \$2000 in registration fees - \$60/person
  - 2023 Representative emails went to 33 people
  - Diane move/Martha second: Set registration fee for Assembly at \$60/person
- Separate Assembly from Convention?
  - Bring topic to Assembly – preference for in-person? separate?
  - Survey ahead of time?
  - App option?
  - Binder available before?
  - Binder printed before?

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### Board Inventory

- **DONE:** Keeping the Board Calendar updated: First Vice Chair
- Assembly (keep bundled with Convention or not)
  - Rotating virtual and in-person?
  - Don't like idea of two assemblies (separate Fall and Spring, for example)
  - Make sure Lessons Learned is on November agenda for this year
- Training for New Board Members
  - Possibly: Reference Manual for Board positions
  - Possibly: Checklist of items for Mentors to discuss with Mentees
  - Separate treasurer reference manual, possibly consider other timing of transition
  - Change treasurer to 3-year position, create Treasurer-in-Training position
- Communication
  - Timeliness of responding to emails:
    - Expectations – check email every 48-72 hours and respond promptly
    - Expectations – WhatsApp to ask Board Members to check their email, if need urgent request
  - Create a “Best Way to Contact” spreadsheet to keep in Drive
- **DONE:** New Assembly Parliamentarian: Denise O

3:45pm      Adjourn with the Founders Promise

**Next meeting: June 30, 2024**

**Submitted by:** Robin E, Second MAL, by request of Secretary