Region One Board Minutes

Wednesday, March 17th, 2021–4:30 Pacific

VIA Zoom

Board Attendance: Cindy C. (Chair), Alice W. (First Vice Chair), Paula Z. (Second Vice Chair), Avi R. (Treasurer), Nadine D. (MAL), Beverly M. (Technology Coordinator), Margie G. (Trustee),

Lesley K. (Secretary) Visitors from the Journal Sub Committee (JSC) joined at 5:30 pm: Marjorie T., Jenny H, Diane D., Dawn M.

The Serenity Prayer was said.

The Primary purpose of R1 Board was read. The Voices of Recovery for February 17th was read.

February Minutes were approved.

Washington State Academy of Nutrition and Dietetics Virtual Conference PIPO Opportunity: Alice moved that the R1 Board use \$1000 from the 2021 Board Special Project targeted fund to be a gold sponsor at the Conference. Beverly seconded. The motion was passed. This Motion had been approved by e-mail earlier.

Board Calendar:

Region 10 Virtual Intergroup Renewal Workshop: March 6th and 13th Pat and Cindy were presenters. Cindy will send out an e-mail informing us about the workshop.

Big Sky: March 27th: Alice will lead. Margie and Cindy will be on the team. Nadine and Paula will be guests.

Peninsula: A date has not been determined. Paula will contact them.

<u>NLI</u>: They suggested April 16 and/or April 17, June 11 and/or June 12th, or September for Intergroup Renewal, service, and recovery. Saturday June 12th works best for the board. Beverly, Paula, and Nadine volunteered to be present.

<u>Jefferson State</u>: <u>Alice and Lesley and Margie</u> August 21st. They requested Nurturing Newcomers and Diversity.

Paula will confirm NLI and Jefferson State.

<u>Bitterroot:</u> May 14-16 Face to Face Retreat. They are interested in having an intergroup renewal during their retreat near Kalispell, Montana. <u>Avi and Cindy</u> will check with Rhonda.

Region One Vision: Cindy suggested we have our strategic planning on June 5th Saturday 2:00-5:00pm Pacific time. All were agreeable!

Financials: Avi reported on the Financials for February. We had overage due to \$150 Corporation registration fee due to the state of Oregon and Cindy's (Our Board Chair) registration for WSBC. Avi moved that we ratify the miscellaneous overage. Alice seconded the motion. The motion was ratified. And: Avi moved that we accept BFDS recommendation for our excess funds of \$36,645. We will reassess in October.

\$ 36,645	Excess Funds Calculated from Prudent Reserve on 12/31/2020
\$ 12,914	Up to 30% to be used for Board Special Projects
\$ 12,914	Up to 30% to be used for Member Outreach
\$ -	Up to 15% to be used for Representative Support
\$ 6,457	Up to 15% to be used for WSBC Delegate Support
\$ 4,360	Prudent-Reserve-Remainder to World Service Office of OA

Lesley seconded the motion. The motion was approved.

2021 Convention: Alice and Paula researched the possibility of having an inperson convention. The Canada-USA border may still be closed. The hotels may still require low capacity, masks, and social distancing. Alice and Paula will put together a survey to go out to the Intergroups asking how many would come to an in-person convention.

Journal Subcommittee presentation: The committee presented the results of the survey taken by users of the journal. They also had finished an in-depth report on the 5 options that they considered in dealing with distributing the journal. On the survey a frequent request was for a larger journal, wider lines, or more pages. A number of changes to some of the wording was suggested. Margie G made a motion to pass Option 5 recommended by the JSC. Paula seconded the motion.

The motion carried. Option 5 would establish an Amazon version in the same size as the current journal. We would also order 200 journals from the current US printer. The Amazon version would make edits possible. Cindy and Diane will set it up with Amazon. We will review how the new procedures are working in about 6 months.

Next meeting: Wednesday, April 21, 2021 – 4:30 PM Pacific

Respectfully Submitted Lesley K.

Secretary Region One