

Region One Board Meeting

Sunday, July 21, 2024 @ 2:00 pm Pacific

Via Zoom

Present: Alice W. (Chair), Martha R. (2nd Vice-Chair), Judy B. (Treasurer), Lisa S. (Secretary), Diane D. (Technology Coordinator), Lori B. (Member-at-Large), Beverly M. (Trustee Liaison)

The Meeting opened with the Serenity Prayer

Lisa S. read the Region One Primary Purpose and 2023-2024 Mission Statement

Martha R. read the reading for July 20th from For Today

Additions to the Agenda

- Request for Board Visit from Southern Oregon Northern California
- IG Chairs Monthly Check-In

Approval of the June Board Meeting Minutes

- The June Board Meeting minutes were approved as submitted.

Board Outreach Calendar

- IG Chairs Monthly Check-In
 - [Wednesday, July 24th @ 6:30 pm](#)
- Upcoming Blog Contributions
 - [July 22nd](#) [Lisa S.](#)
 - [August 5th](#) [Judy B.](#)
 - [August 19th](#) [Lori B.](#)
- Request for Board Visits
 - Anchorage
 - Date: [September 7th via Zoom](#)
 - Topic: Communication and Service
 - Board Members: Martha R. will be meeting with the Intergroup to finalize the agenda.
 - Lake Country
 - Interested in a visit to facilitate an Intergroup Renewal.
 - Diane talked with the IG Chair, and they are looking at tentative date of the weekend of September 6th. Saturday and Sunday
 - In person
 - Southern Oregon Northern California
 - Date: [August 17th](#) in Medford, OR
 - Topic: Sponsorship – 12 Days of Sponsorship
 - Lisa and Diane will lead.
 - Update Board Visit Request Form

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- Update to request three preferred dates.
- Request three-month notice.
- Requests turned in in January so the year can be planned out.
- Strategic Planning – the Board will revisit due to time constraints.

Financial Update

- Financial Report
 - Judy shared the Financial Report through July 2024.
 - WSO Contribution has been made.
- There were no items 10% or more over budget.

2025 Budget Proposal

- The Board reviewed the proposed 2025 budget proposal.
 - Increase WSBC Baseline Contribution to \$4285.00 (10% of Budgeted Income)
 - Project Teams can request funding for special projects at Assembly before the 2025 Budget is approved.
 - Delegate Support Budget \$2000.00 because WSBC will be virtual this year.
 - Spring Virtual Convention Income \$6450.00.
 - Determine the date at Assembly.
 - Alice will prepare an outline of the parameters of the event to present to Assembly.
 - Planning would begin in January.
 - Alice will email Board members a copy of the budget proposal with the changes discussed at today's meeting so that Board members can vote on recommending the proposal to Assembly.

2024 Convention Update

- Location: Best Western Plus in Bellingham, WA
- Date: October 18th through 20th, 2024
- Theme: Gateway into Recovery
- Martha R. updated the Board on Convention 2024 Committee Planning.
- Next Convention Planning Committee Meeting is August 23rd.
- Need Chairs for the In-Person Registration and Decorations Committees.
- Keynote Speaker Selection
 - Board members will listen to the speaker tapes by Wednesday and then vote by email.

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2024 Assembly

- Location: Best Western Plus in Bellingham, WA
- Dates: October 16th and 17th, 2024
- Theme: Service as a Gateway into Recovery
- Denise O. will be the Assembly Parliamentarian.
- The Board voted to provide all those who register and attend Assembly a copy of the Diverse Voices book.
- Alice will set a cutoff date for Intergroups to order literature to be picked up at Assembly.

Nominations Committee

- Board Elections:
 - First Vice-Chair
 - Second Vice-Chair – appointed.
 - Secretary
 - Technology Coordinator
 - Second Member-at-Large – appointed.
 - Trustee Nominees

Next Meeting: August 18th, 2024 **Chair is not available. Martha will chair the meeting.