

Region One Board Minutes
Wednesday, January 18, 2023
3:30 PM Pacific
VIA Zoom

Board Attendees: Alice W. (Chair), Sue B. (Outgoing 1st Vice-Chair), Laurie A. (2d Vice-Chair) Carrie A. (Treasurer), Diane D. (Technology Coordinator), Lisa S. (Secretary) Erin F. (Member-at-Large)

The meeting opened with the Serenity Prayer.

Teri read the Region One Mission Statement and Primary Purpose.

Lisa read the day's reading from Voices of Recovery.

Additions to the Agenda: A request for a speaker for an in-person event from the Southern British Columbia Intergroup was added to the agenda.

Approval of the November Board Meeting Minutes: Minutes were approved as submitted.

Board Outreach Calendar:

- Intergroup Chair Monthly Check-in:
 - January 8 check-in was held and coordinated by Alice.
 - Future check-ins will be held via zoom on the second Sunday of each month at 4:00 pm PST.
 - Next meeting scheduled for February 12. Alice will not be able to lead the meeting. Erin and Diane will lead the February meeting.
- Request from Southern British Columbia Intergroup
 - Request an in-person speaker for a retreat to be held on Friday, June 2 through Sunday, June 4. R1 will pay travel and room and board expenses.
 - Diane and Alice agreed to travel to speak at retreat.
- There were no additional requests to be discussed.

Financial Update:

- The Board approved the official Prudent Reserve and Distribution of Excess Funds Report.
- The Board adopted the new budget as proposed by the BFDS team.
- Carrie asked for Board approval to send the 2022 WSBC payment.
 - Board approved sending WSBC payment to be split between the PIPO and Translation funds.
- Carrie presented December 2022 Financial Report.

Insurance Update:

- Erin reviewed the Insurance application for coverage as follows:
 - Liability Plus: \$1,000,000
 - Damage to property: \$ 250,000
 - Directors and Officers Plus: \$ 100,000
 - Accidental Medical Plus: \$ 50,000
 - Property Plus: \$ 20,000

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- **Erin will finish the application with the above coverage and limits.**

2022 Convention Review:

- Post-Convention Survey needs to be sent out.
 - **Teri will follow up with Sue.**

2023 Assembly and Convention:

- Seattle Intergroup will host the Convention.
- Teri shared she had received quotes from the Embassy Suites and Doubletree Inn.
 - Board approved the Doubletree.
- The Board discussed moving the convention out one week to Friday, October 20th- Sunday, October 22nd with Assembly to held Wednesday, October 18th – Thursday, October 19th.
 - **Teri will f/u with the Doubletree availability for October 18th - 22nd and report back to the board.** If the Doubletree is not available for that week, the convention will be held on Friday, October 13th – Sunday, October 15th. Assembly will be on Wednesday, October 11th – Thursday, October 12th.

Board Special Projects:

- Literature to Region One Intergroups
- In-person Event Funding requests:
 - The Board voted to confirm the approval by email of funds requested by the Emerald Empire Intergroup.
- Rental/Literature Assistance
 - Region One would support R1 Intergroups to provide three months rental assistance to groups to support transition back to face to face meetings..
 - The Board approved concept for launch next month.
- 2023 Convention:
 - Alice proposed increasing the Board special projects fund to support a successful in person convention.
 - Board approved a motion to decrease the Member Outreach budget 3% to increase the Special Projects fund 3% to support the convention. One suggestion was to send funds to R1 Intergroups to send members to the convention.

2022 Region One Assembly Recap:

- **Alice will get Lisa the information to include in the post-Assembly packet.**

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2023 Assembly

- Region One will host a lunch with a speaker on Thursday
- Project teams will meet twice. Once at the start of Assembly and once at the end of Assembly.
- The Bylaws team has the calendar for when registration information for Assembly needs to be sent to R1 Intergroups.

Transition back to periodic in-person Board meetings.

- Proposed in person Board meeting after the Kelowna Retreat on Friday, June 1st – Sunday, June 4th.
- **Board members will look into travel expenses to bring to February Board meeting.**