**Board Attendees**: Alice W. (Chair), Sue B. (Outgoing 1st Vice-Chair), Laurie A. (2d Vice-Chair) Carrie A. (Treasurer), Diane D. (Technology Coordinator), Lisa S. (Secretary) Erin F. (Member-at-Large)

**The meeting opened with the Serenity Prayer.**

**Teri read the Region One Mission Statement and Primary Purpose.**

**Lisa read the day’s reading from Voices of Recovery.**

**Additions to the Agenda**: A request for a speaker for an in-person event from the Southern British Columbia Intergroup was added to the agenda.

**Approval of the November Board Meeting Minutes**: Minutes were approved as submitted.

**Board Outreach Calendar**:

* Intergroup Chair Monthly Check-in:
	+ January 8 check-in was held and coordinated by Alice.
	+ Future check-ins will be held via zoom on the second Sunday of each month at 4:00 pm PST.
	+ Next meeting scheduled for February 12. Alice will not be able to lead the meeting. Erin and Diane will lead the February meeting.
* Request from Southern British Columbia Intergroup
	+ Request an in-person speaker for a retreat to be held on Friday, June 2 through Sunday, June 4. R1 will pay travel and room and board expenses.
	+ Diane and Alice agreed to travel to speak at retreat.
* There were no additional requests to be discussed.

**Financial Update:**

* The Board approved the official Prudent Reserve and Distribution of Excess Funds Report.
* The Board adopted the new budget as proposed by the BFDS team.
* Carrie asked for Board approval to send the 2022 WSBC payment.
	+ Board approved sending WSBC payment to be split between the PIPO and Translation funds.
* Carrie presented December 2022 Financial Report.

**Insurance Update**:

* Erin reviewed the Insurance application for coverage as follows:
	+ Liability Plus: $1,000,000
	+ Damage to property: $ 250,000
	+ Directors and Officers Plus: $ 100,000
	+ Accidental Medical Plus: $ 50,000
	+ Property Plus: $ 20,000
* **Erin will finish the application with the above coverage and limits.**

**2022 Convention Review**:

* Post-Convention Survey needs to be sent out.
	+ **Teri will follow up with Sue**.

**2023 Assembly and Convention**:

* Seattle Intergroup will host the Convention.
* Teri shared she had received quotes from the Embassy Suites and Doubletree Inn.
	+ Board approved the Doubletree.
* The Board discussed moving the convention out one week to Friday, October 20th- Sunday, October 22nd with Assembly to held Wednesday, October 18th – Thursday, October 19th.
	+ **Teri will f/u with the Doubletree availability for October 18th - 22nd and report back to the board**. If the Doubletree is not available for that week, the convention will be held on Friday, October 13th – Sunday, October 15th. Assembly will be on Wednesday, October 11th – Thursday, October 12th.

**Board Special Projects:**

* Literature to Region One Intergroups
* In-person Event Funding requests:
	+ The Board voted to confirm the approval by email of funds requested by the Emerald Empire Intergroup.
* Rental/Literature Assistance
	+ Region One would support R1 Intergroups to provide three months rental assistance to groups to support transition back to face to face meetings..
	+ The Board approved concept for launch next month.
* 2023 Convention:
	+ Alice proposed increasing the Board special projects fund to support a successful in person convention.
	+ Board approved a motion to decrease the Member Outreach budget 3% to increase the Special Projects fund 3% to support the convention. One suggestion was to send funds to R1 Intergroups to send members to the convention.

**2022 Region One Assembly Recap:**

* **Alice will get Lisa the information to include in the post-Assembly packet.**

**2023 Assembly**

* Region One will host a lunch with a speaker on Thursday
* Project teams will meet twice. Once at the start of Assembly and once at the end of Assembly.
* The Bylaws team has the calendar for when registration information for Assembly needs to be sent to R1 Intergroups.

**Transition back to periodic in-person Board meetings.**

* Proposed in person Board meeting after the Kelowna Retreat on Friday, June 1st – Sunday, June 4th.
* **Board members will look into travel expenses to bring to February Board meeting.**