

## The Region One Strong Recovery Project Team Presents:

### The 2018 Strong Recovery Intergroup Challenge

The purpose of this challenge is to inspire connection within and between Intergroups (IGs) in Region One, and to strengthen recovery within your IG. The challenge operates on a points system. Complete as many of the challenges listed below by September 15, 2018 (unless another deadline is specified) and submit the completed form to [StrongRecovery@oaregion1.org](mailto:StrongRecovery@oaregion1.org).

The IG to complete the challenge with the most points wins an exciting prize to be awarded at the 2018 Region One Convention in Spokane October 19-21. You are encouraged (but are not required) to be present at the Convention to win.

Challenge	Points Available	Points Achieved
Host a workshop. Resources for hosting a workshop can be found at <a href="https://oa.org/groupsservice-bodies/resources/workshop-formats/">https://oa.org/groupsservice-bodies/resources/workshop-formats/</a>	1 point per workshop	
Appointment/election of one new person to the IG in the past year	1 point each	
IG Board members visit at least 1 meeting in a community other than their hometown	1 point per each meeting visit in a different community	
A representative from your IG attend the Region One conference call each month. For upcoming dates and instructions for how to join the call visit <a href="https://www.oaregion1.org/call-calendar.html">https://www.oaregion1.org/call-calendar.html</a>	1 point for each call attended in a year	
Join a Region One Convention Planning Committee. To join, contact Sue B. <a href="mailto:ViceChairR1@oaregion1.org">ViceChairR1@oaregion1.org</a> and include your phone number	1 point for each IG member who joined a committee	
Volunteer to speak at a breakout session at the 2018 Region One Convention in Spokane. To <b>join/sign up</b> , contact Sue B. <a href="mailto:ViceChairR1@oaregion1.org">ViceChairR1@oaregion1.org</a> and include your phone number	5 points for each speaker	
Call a member in another IG and swap stories about one thing your IG is doing to facilitate strong recovery among its members	1 point per call	
Send a representative to WSBC	1 point	

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Browse the websites from other Region One IGs. Find something that you think would be useful for your IG and commit to sharing it at your IG meeting.	1 point	
Attend a virtual speaker meeting. Keep your eye on the Region One website ( <a href="http://www.oaregion1.org">www.oaregion1.org</a> ) for dates/details	1 point per attendee of members in your IG	
Start a 15-week step study. Please e-mail <a href="mailto:StrongRecovery@oaRegion1.org">StrongRecovery@oaRegion1.org</a> for instructions on how	10 points	
Submit a testimonial of your experience participating in a 15-week step study to <a href="mailto:StrongRecovery@oaRegion1.org">StrongRecovery@oaRegion1.org</a>	2 points per testimonial submitted	
IG Representative or IG Chair sends an IG Report to the Assembly Binder Committee at <a href="mailto:assemblybinder@oaregion1.org">assemblybinder@oaregion1.org</a> by August 15, 2018	5 points	
Invite Region One to visit your IG for IG Renewal. Complete a Board Outreach Visit Application at <a href="https://www.oaregion1.org/intergroup-renewal.html">https://www.oaregion1.org/intergroup-renewal.html</a>	5 points	
Submit an entry to Lifeline. Instructions for how to do so are found at <a href="https://oa.org/members/lifeline-magazine/share-your-story/">https://oa.org/members/lifeline-magazine/share-your-story/</a>	1 point for each entry and an additional 2 points for each entry that is published	
Apply to be a Virtual Sponsor at <a href="https://www.oaregion1.org/find-a-sponsor-or-sponsee.html">https://www.oaregion1.org/find-a-sponsor-or-sponsee.html</a>	1 point per application	
Tell 5 members of your IG board or committee members why you appreciate their service	1 point	
Print off flyers for the 2018 Region One Convention from <a href="http://www.oaregion1.org">www.oaregion1.org</a> and distribute to members at every meeting in your IG (if the flyers are not yet available, please keep your eye on the website)	3 points	
<b>TOTAL:</b>		