

Brought to you by the  
Emerald Empire Intergroup  
Eugene, OR, USA



\* Celebrating abstinence with OA members around the world during this International Day Experiencing Abstinence.

- Join us while two speakers share their experience, strength, and hope regarding abstinence.
- There will be time for questions, answers, after each speaker.
- A writing time will follow the speakers with time for personal sharing.

## **IDEA Day\***

### **Together, We Can!**

**Sunday, Nov 22**  
**10:30 am – Noon PST**  
**(Pacific Standard Time)**

Join Zoom IDEA DAY Meeting:

<https://zoom.us/j/97752278964?pwd=N1VCME96YmI5RWE3c3RYSUtvSDBpdz09>

Meeting ID# 977 5227 8964, Passcode **IDEADAY**

[www.oaeugene.org](http://www.oaeugene.org)