

Region One Board Minutes

Wednesday, February 17th, 2021– 4:30 Pacific

VIA Zoom

Board Attendance: Cindy C. (Chair), Alice W. (Vice Chair), Paula Z. (Second Vice Chair), Avi R. (Treasurer), Nadine D. (MAL), Beverly M. (Technology Coordinator), Margie G. (Trustee), Lesley K. (Secretary) **Visitors from the Journal Sub Committee (JSC) joined at 5pm:** Marjorie T., Jenny H, Diane D., Dawn M.

The Serenity Prayer was said.

The Primary purpose of R1 Board was read. The Voices of Recovery for February 17th was read.

No Additions or Changes to the Agenda were requested.

January Minutes were approved after amending. Beverly made a motion to approve and Nadine seconded it. The Board voted to approve.

PIPO Opportunity, April 15-May 13 Washington State and/or Oregon Academy of Nutrition and Dietetics Virtual Conference offer for sponsorship: There was a discussion about not appearing to sponsor the organization. **Cindy and Alice will check with the organization and make a recommendation to the Board.** We can put an advertisement for Region One OA on their format but not sponsor. Possibly we could have a booth.

Zoom Update: Cindy informed the Board that she has determined Intergroups that want to continue to use the R1 Licenses and **she will send an e-mail to the Board with the next steps.**

Board Outreach Calendar: A virtual workshop will be presented to the **Big Sky Intergroup** on **March 27th**. The topic has not been firmly decided. They are particularly interested in hearing the leaders' stories. **Region 10: March 6th and March 13th** is an Intergroup Renewal workshop facilitated by Pat O. and Cindy C. **Jefferson State IG:** They have requested either **August 21st or 22nd**. Beverly, Alice, Lesley, and Margie are available for the workshop. **Paula will let the intergroup know that the date was set for August 21st, the intergroup's first choice.** The topics would be Unity with Diversity and Nurturing Newcomers.

Presentation from the Journal Sub Committee: Marjorie summarized the nine page report. They recommended Option 5. Option 5 includes having the journal for sale on Amazon plus continuing to print the spiral bound journal. Option 5 also includes some adjustments to practices and procedures. Their next project is to have a **Focus group** meet on Zoom. All current users of the journal are invited. They will be discussing possible changes and updates to the journal which is possible with the Amazon format. **An invite will be sent out on Google Groups.**

It is difficult to edit the spiral because there are other Regions that are involved. Cindy will reach out to these other regions to see if there is a way to facilitate updates or changes to the spiral journal. No action was taken by the Board at this time.

Financials:

January financials: Avi presented the January Financials which were essentially the same as last month. The prudent reserve calculations will be discussed at the February BFDS meeting, then reviewed by the Board during its March meeting.

10% Budget Overage: There were several overages from 2020 that needed to be voted on. Beverly made a motion that the Board approve the overages in audit, bank charges and paypal charges. Avi seconded the motion and the Board approved.

Assembly 2021: Due to ongoing concerns with Covid-19 and uncertainty about what the situation might be later in the year, the Board decided to hold this year's Assembly virtually, October 23-24.

Next meeting: Wednesday, March 17, 2021

Respectfully Submitted
Lesley K
Secretary Region One