

Region One Board Meeting
Wednesday, August 16, 2023
4:30 pm Pacific
Via Zoom

Board Attendees: Alice W. (Chair) Teri O. (1st Vice-Chair) James G. (2nd Vice-Chair), Carrie A. (Treasurer), Diane D. (Technology Coordinator), Lisa S. (Secretary), Beverly M. (Trustee Liaison)

The meeting opened with the Serenity Prayer.

James read the Region One Primary Purpose and 2022-2023 Mission Statement

Beverly read today's reading from For Today

Additions to the Agenda

- Assembly Representative Support Requests
- Membership Outreach Funds
- Banking at Assembly

Approval of July Board Meeting Minutes

- July Minutes were adopted as amended.

Board Outreach Calendar

- The Intergroup Chairs Check-In is scheduled for August 20 @ 3:00 pm
- Upcoming Blog Contributions
 - **August 21: Beverly**
 - **September 4: Teri**
- Board Visit requests
 - Due to budget constraints, in person events can be scheduled in 2024.
 - Zoom visits are available for the remainder of 2023.
 - **James will update the Board Visits application for 2024 and send an email to Intergroup Chairs.**

Financial Update

- Carrie shared the July 2023 Financial Report
- There were no items 10% or more over budget.
- 2024 Budget
 - The Board reviewed the proposed 2024 budget as of the 8/15/23. The following items were discussed:
 - Increase Chair Travel to Region Chairs Committee meeting to \$2400.00 as two meetings are scheduled requiring two trips.
 - Changes recommended by BFDS Committee included:
 - Increase Board Travel within Region One to \$7000.00
 - Increase Member Outreach to \$5000.00.

Region One Board Meeting
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- There was discussion regarding the proposed deficit budget and Region One excess funds policy. After discussion, the Board will ask the BFDS Committee to rework and present a balanced preliminary budget for 2024.

Representative Support Funds Requests

- The Board reviewed the following Representative Support Fund Requests from Region One Intergroups:
 - Northern Lights \$966.00 for two Representatives
 - South Sound \$250.00 for one Representative
 - Southern British Columbia \$300.00 for two Representatives
 - Bitterroot \$233.00 for one Representative
 - Snake River \$239.68 for one Representative
 - Southern Oregon/Northern California \$300.00 for one Representative
- Carrie moved to approve all of the above applications. Teri seconded. Motion carried.

2023 Convention

- Keynote Speakers
 - Teri reported that she emailed links to recorded samples for two possible Keynote speakers and asked that Board members listen to the recordings so that the Board can vote to select Keynotes. **Board members will listen to the recordings and the Board will vote on the two candidates.**
 - The Convention Committee is talking to a candidate to be the third keynote speaker.
- Program Schedule/Workshop Speakers
 - Steps Stream and Speakers are set up.
 - Committee is still finalizing the Tools and Service Stream
 - An email has been sent out for a Grab Bag Stream and they are getting good responses.
- A/V Coordinator is still vacant.
- Volunteers Needed
 - Panel Speakers
 - Boutique
- Greater Seattle Intergroup is giving \$1000.00 to purchase items for the Boutique.
- An email has been sent to Region 1 Intergroups asking for Raffle Baskets.
- Payments in the Boutique and walk-in registrations
 - Payments in the Boutique and at Registration will be processed using Square.

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- There was a discussion on purchasing two tablets to use to process payments.
Teri and James will discuss with the Convention Committee.

2023 Assembly

- Arrival - Wednesday.
 - Board members are arriving during the day on Wednesday and will help to set up the meeting room.
 - Attendees are invited to dinner on Wednesday evening before Assembly starts.
- Strategic Planning.
 - Assembly will “kick-off” at 7:00 pm on Wednesday with a strategic planning session.
- Motion to add Member at Large position.
 - The Board submitted a motion to add a second Member at Large to the Board.
- Workshops
 - There will be three workshops on sharing service and recovery.
 - What members can do. What meetings can do. What Intergroups can do
 - **Board members will lead a workshop in pairs.**
 - **Beverly and Alice will write a skit on how service is necessary for personal recovery.**

- Banking and authorized signature
 - Newly elected officers will need to go to the nearest branch of Bank of America, with government issued ID to change the names of those authorized to sign checks.
 - **Carrie will schedule an appointment at the bank.**
 - Assembly minutes will need to reflect the names of the outgoing and incoming signatories on the account. **A form will be set up for Lisa to use to create abbreviated minutes to take to the bank.**
 - **Questions for Carrie to ask the bank prior to the appointment:**
 1. **Which Board members need to sign the abbreviated minutes.**
 2. **Can Board members from Canada be authorized signatories on the account?**
- Assembly Agenda
 - **Alice will email the Assembly agenda and schedule to Board members.**

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- There was a discussion about giving a presentation of the results of the Board's Strategic Planning meeting followed by playing OA Jeopardy on Wednesday night.

Candidates for Open Board Positions

- Chair – One application submitted.
- Second Vice Chair – One application submitted.
- Treasurer – No application submitted.
- Member at Large – One application submitted.
- There was discussion of members that can be approached to consider serving as Treasurer. Beverly shared names of people who checked that were interested in giving service on the R1 Board on their Assembly registrations. **Board members will reach out to potential candidates as assigned.**

Member Outreach Funds

- Teri moved that the Board rescind the motion from last month's Board meeting to end Member Outreach grants and split the remaining funds to give to Intergroups to support convention attendance. Lisa seconded the motion. Motion carried.

Assembly/Convention in 2024/2025

- Possible locations: Vancouver BC, Eugene, OR, Bellingham, WA or Spokane, WA
 - The Board will ask Sea to Sky Intergroup to host the 2024 Assembly and Convention in Vancouver BC.
 - **Teri will talk to the Sea to Sky Intergroup chair.**
 - The Board will approach both Oregon Intergroup and Lake Country Intergroup about hosting in 2025 to determine interest.

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Submitted by: Lisa S. Secretary