Region One Board UberConference Wednesday, September 16, 2020 – 4:30pm Pacific Time

Attendees: Cindy C (Acting Chair), Alice W. (Acting Secretary), Avi (Treasurer), Beverly (Acting Technology Coordinator), Nadine (Member at Large), Margie G. (Trustee)

4:30pm Opening

Chair called meeting to order.

Trustee read Voices of Recovery entry for September 16th.

The purpose of R1 & our mission statement were read:

The primary purpose of this organization is to aid those with the disease of compulsive eating through the Twelve Steps of Overeaters Anonymous, and to serve and represent the OA groups and intergroups from which it is formed.

Assembly 2020 theme: "Life on Life's Terms: Connecting to Recovery in a Changing World"

2020 Mission: Each One, Reach One - Share the Hope!

Cindy asked for any additions to this agenda. None were offered.

4:35pm Cindy reviewed Accomplishments:

- Assembly and Convention registration is live
- Motions/Standing Rules were submitted
- Intergroup Renewal with Southern Alberta
- Assembly binder nearly complete

4:40pm Board Travel Calendar

Cindy reviewed the current commitments

- Cindy and Nadine plan to hold a virtual Intergroup Renewal with Southern Alberta Intergroup on September 12 via Zoom
- Margie plans to facilitate a virtual Intergroup Inventory with Peninsula Intergroup on September 19

4:45pm Assembly Binder Update

Beverly gave an update on the binder, providing a list of what was still needed for each section.

4:50pm Website Enhancements

Webmaster Beverly went over updates she made to the Region One website.

5:00pm Financial Report

Treasurer Avi gave an update on Region One financials.

- We have had issues with the forwarding from the Region One PO Box. Avi made contact and was assured that all mail is being forwarded.
- Avi will send the names of all Zoom account holders to Cindy

5:15pm Assembly

Cindy gave an update on the 2020 Assembly.

 10 Representatives registered from 8 of 25 Intergroups. Seven visitors. All Board members registered – Thank you! See below for those Intergroups who have at least one Representative registered.

All Board Members: Please email your Intergroups, asking Reps to register ASAP; include registration link (copy link from Region One 2020 Assembly page).

First Budget Q&A virtual meeting is in less than two weeks!!
 Cindy: Will send out an email to all registrants with dates and links to the Budget Q&As and All About Assembly sessions. Beverly set up an email alias for Reps: 2020regionreps@oaregion1.org.

Beverly: Will create another alias for visitors. They are invited to be on a project team.

- Project Teams: Cindy will send out a survey to everyone registered asking which
 Project Team they prefer. (survey monkey). Cindy will and assign each board
 member to a Project Team prior to the start of Assembly.
- Green Dots: the registration form will ask for Reps to sign up as a mentor for a Green Dot.
- Post Assembly Board meeting is set for Sunday, November 1, 4-5:30 pm. If one
 of the Bylaws motions passes, we will use this meeting to appoint new positions.
 If motion passes, Cindy needs to ask for applications for the new positions
- Review updated agenda: Cindy screen shared the proposed agenda. The board members gave feedback.
- Assembly Dry Run meeting is set for Saturday, October 17 at 1 pm
 Cindy will send Zoom meeting invitation.

5:55pm Convention 2020

Cindy provided a brief update on convention (Vice-Chair position is vacant).

- Registration page is live! Thanks Beverly!
- Keynotes confirmed
- Moderators, Zoom hosts are being trained

5:57pm Convention 2021 Dates

Hotel is closed for pandemic. This item is on hold.

6:00pm Adjourned with Serenity Prayer

Next Meeting: Wednesday, October 21, 2020, 4:30 pm Pacific time

Highlighted in green: at least one Rep has registered

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| Cindy C. | Emerald Empire Intergroup Jefferson State Intergroup Peninsula Intergroup Pierce County Intergroup South Sound Intergroup Southern Alberta Intergroup | Beverly M. | Greater Seattle Intergroup (1) Northern Lights Intergroup Regina Intergroup Southern BC Interior Intergroup |
| Alice W. | Big Sky Intergroup Bitterroot Intergroup Lake Country Intergroup | Nadine D. | Central Oregon Intergroup Eagle Cap Intergroup Greater Columbia Intergroup Oregon Intergroup Snake River Intergroup |
| Avi R. | Alaska Intergroup Anchorage Area Intergroup Southeast Alaska Intergroup | Margie G. | Catch the Wave Intergroup North Cascades Intergroup Sea to Sky Intergroup Vancouver Island Intergroup (2) |