

# 2026 OA Region 1 Convention

**SAVE THE DATE**



**October 2 - 4, 2026**

**Red Lion Hotel**

**20 North Main Street  
Kalispell, Montana**

**Check for updates**

[www.OARegion1.org](http://www.OARegion1.org)

[www.montana-overeatersanonymous.org](http://www.montana-overeatersanonymous.org)