

**OCTOBER 2023 MOTION TO REGION ONE ASSEMBLY**

**MOTION BL - 1**

This motion affects a:                     Bylaw                                     Policy

**Move that Bylaws Article V, Section 1 be amended as follows:**

| <b>CURRENT WORDING</b>   | <b>PROPOSED WORDING</b>   |
|--|---|
| <p><b>Article V – Region One Board</b></p> <p>Section 1 The Region One Board shall consist of the following:</p> <p>A. Members with voice and vote: Chair, First Vice-Chair, Second Vice-Chair, Secretary, Treasurer, Technology Coordinator, and Member at Large.</p> <p>B. Members with voice, but no vote: The World Service Trustee Liaison to Region One.</p> | <p>Article V – Region One Board</p> <p>Section 1 The Region One Board shall consist of the following:</p> <p>A. Members with voice and vote: Chair, First Vice-Chair, Second Vice-Chair, Secretary, Treasurer, Technology Coordinator, <del>and</del> <u>First Member at Large, and Second Member at Large</u>.</p> <p>B. Members with voice, but no vote: The World Service Trustee Liaison to Region One.</p> |

**SUBMITTED BY:**

Diane D

Region One Technology Coordinator

780-729-3831 [Technology Coordinator](#)

**INTENT:**

The purpose of this motion is to request the addition of a second Member At Large service position on the Region One Board.

**IMPLEMENTATION:**

Update the Region One Bylaws for this motion. If passed, motions to update other areas of the Bylaws and Policies (such as job descriptions) will be presented at Assembly 2024. Existing job description for Member at Large will be shared until then. After Assembly 2023, the Board will make temporary appointments for the new positions until Assembly 2024.

**COST:**

Increase in Board Travel to Assembly and Convention. However, costs would be offset in continual use of virtual meeting tools by the Board.

**RATIONALE:**

The Region One Board is committed, but we need more hands. The Board is committed to being of service to our 22 intergroups and all members in Region One. We really believe in reaching out (Board Special Projects, fostering connections, and providing recovery and service resources. We are an active Board, and we feel good about what we bring to the Region. However, the current workload on existing board members makes it necessary to either share this service with more Board members, hire outside help, or consider which resources we can no longer provide.

History: Region One currently consists of 8 positions (including our Trustee). In the past, Region One had 15 members sharing the work of carrying the message. Positions were eliminated over the years largely to reduce travel costs. In 2014 (approximately) the current Member at Large position was added back to the Board.

Costs and Travel: The Board traveled much less than before the pandemic, when the entire Board met in-person at least four times per year. The Board still holds most meetings virtually and met in person only once this year. We decided that we would rather budget to send Board members to visit intergroups than attend in-person Board meetings and that it was only necessary to send two members at a time. We held part of our strategic planning session and our in-person board meeting at the same time we visited an Intergroup to speak at their retreat which saved on extra travel costs.

What it would mean to have an additional Member at Large Board position:

- Project team and intergroup liaison roles could be divided among more people
- If necessary, a Board member could be given fewer liaison assignments without as large an impact on other members of the Board.
- Assignments could be made more thoughtfully; matching interests and skill sets with tasks.
- Unexpected vacancies on the Board would not cause undue stress, as those responsibilities could be shared by several people.
- Service on the Board would be more do-able for members who are employed, and for those who are retired.

- Member at Large is an easier way to start on the Board than some other positions—this could open Region service to members who don't feel they can take on some other roles.
- And, finally, many hands make for light work and joy in service!

We bring this motion with recovery, love for OA, commitment to service, and a desire for greater balance in mind. Thank you for considering this proposal.

**OCTOBER 2023 MOTION TO REGION ONE ASSEMBLY**

**MOTION BL – 2**

This motion affects a:                     Bylaw     Policy

Move to amend Bylaw, Article XI, Source of Funds, Section 1 by inserting the following:

| <b>CURRENT WORDING</b>   | <b>PROPOSED WORDING</b>   |
|--|---|
| <p>Article XI – Source of Funds</p> <p>Section 1 – Source of Funds</p> <p>The activities of the Assembly shall be primarily financed from:</p> <p>A. Contributions from groups and Intergroups</p> <p>B. Conventions.</p> <p>C. Private donations from members</p> | <p>Article XI – Source of Funds</p> <p>Section 1 – Source of Funds</p> <p>The activities of the Assembly shall be primarily financed from:</p> <p>A. Contributions from groups and Intergroups</p> <p>B. Conventions.</p> <p>C. Private donations from members</p> <p>1) A member may contribute up to US \$7,500 per year to the general fund, up to US \$7,500 per year to any special fund, and up to US \$7,500 per year to honor the memory of a deceased member.</p> <p>2) Region One may accept a bequest from the will of a deceased member in cash or cash equivalent.</p> |

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|  | There is no limit on the amount of such a bequest. |
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**SUBMITTED BY:**

Rosanne K., Oregon Intergroup

Region One Bylaws Team Lead

[5rfoxkern7@gmail.com](mailto:5rfoxkern7@gmail.com)

**INTENT:**

This clarifies the limits of donations allowed by a single member.

**IMPLEMENTATION:**

Add to Bylaws. Nothing else is needed.

**COST:**

None

**RATIONALE: (THE "WHY")**

In the spirit of Traditions 6 & 7, while being self-supporting, must avoid problems of money, power, and prestige

**OCTOBER 2023 MOTION TO REGION ONE ASSEMBLY**

**MOTION P – 1**

This motion affects a:            Bylaw             **Policy**

Move to amend Policy Article 5 Budget and Finance, 5.2 , Budget, 5.2.5 by striking and inserting the following:)

| CURRENT WORDING  | PROPOSED WORDING  |
|--|---|
| <p>5. BUDGET AND FINANCE</p> <p>5.2. BUDGET</p> <p>5.2.5. Region One shall annually use excess funds as follows:</p> <p>5.2.5.1. Up to 30% to be used for Board Special Projects</p> <p>5.2.5.2. Up to 30% to be used for Member Outreach to our members, groups and Intergroups</p> | <p>5. BUDGET AND FINANCE</p> <p>5.2. BUDGET</p> <p>5.2.5. <u>At the end of each fiscal year</u>, Region One <u>shall</u> <u>reallocate</u> annually use excess funds. Excess funds are calculated as follows: bank balances per book at year- end less Prudent Reserve, less already-budgeted targeted expenses for the coming year. Targeted expenses for this purpose include: Board Special Projects, Member Outreach, Representative Support, and WSBC Delegate Support. <u>Excess funds shall be reallocated in the budget as follows:</u></p> <p>5.2.5.1 The remainder, at least <u>A minimum of 10%</u>, to <u>shall</u> be sent to the World Service Office of Overeaters Anonymous. Up to 30% to be used for Board Special Projects</p> <p>5.2.5. <u>2</u> 1. Up to 30% to <u>shall</u> be used for Board Special Projects</p> <p>5.2.5. <u>3</u> 2 Up to 30% to <u>shall</u> be used for Member Outreach to our members, groups and Intergroups</p> |

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|---|---|
| <p>5.2.5.3. Up to 15% to be used for Representative Support</p> <p>5.2.5.4. Up to 15% to be used for WSBC Delegate Support</p> <p>5.2.5.5. Up to 10% for PIPO</p> <p>5.2.5.6. Up to 10% to increase funding for project teams per their request</p> <p>5.2.5.7. The remainder, at least 10%, to be sent to the World Service Office of Overeaters Anonymous Excess funds are calculated as follows: bank balances per book at year-end less Prudent Reserve, less already-budgeted targeted expenses for the coming year. Targeted expenses for this purpose include: Board Special Projects, Member Outreach, Representative Support, and WSBC Delegate Support.</p> | <p>5.2.5. <u>43</u> Up to 15% to <u>sha ll</u> be used for Representative Support</p> <p>5.2.5. <u>54</u> Up to 15% to <u>sha ll</u> be used for WSBC Delegate Support</p> <p>5.2.5. <u>65</u> Up to 10% <u>sha ll be used</u> for PIPO</p> <p>5.2.5. <u>76</u> Up to 10% <u>sha ll be used</u> to increase funding for project teams per their request</p> <p>5.2.5.7. The remainder, at least 10%, to be sent to the World Service Office of Overeaters Anonymous Excess funds are calculated as follows: bank balances per book at year-end less Prudent Reserve, less already-budgeted targeted expenses for the coming year. Targeted expenses for this purpose include: Board Special Projects, Member Outreach, Representative Support, and WSBC Delegate Support.</p> |
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**SUBMITTED BY:**

Sue B

Member of Budget Finance and Delegate Support (BFDS) Project Team

<mailto:sue.BFDS.r1@gmail.com>

**INTENT:**

The purpose of the motion is to clarify the process Region One uses to redistribute excess funds.

**IMPLEMENTATION:**

Update the policy

**COST:** None

**RATIONALE: (THE “WHY”)**

The current wording in the policy about how Region One reallocates excess funds at the end of the fiscal year is unnecessarily confusing. The new wording states the policy clearly.

**OCTOBER 2023 MOTION TO REGION ONE ASSEMBLY**

**MOTION P – 2**

**This motion affects a:**            Bylaw             **Policy**

Move to amend Policy 5, Article 5.4. REPRESENTATIVE AND DELEGATE SUPPORT by inserting the following:

| <b>CURRENT WORDING</b>  | <b>PROPOSED WORDING</b>   |
|---|---|
| 5. BUDGET AND FINANCE<br><br>5.4. REPRESENTATIVE AND DELEGATE SUPPORT<br><br>5.4.1. Representative Support<br><br><br><br><br><br><br><br><br><br>5.4.1.6 Section Added | 5. BUDGET AND FINANCE<br><br>5.4. REPRESENTATIVE AND DELEGATE SUPPORT<br><br>5.4.1. Representative Support<br><br><br><br><br><br><br><br><br><br><u>5. 4. 1. 6 After Assembly the representative will turn in (to the Region One Treasurer) an expense report and all receipts to receive reimbursement for costs up to the amount of approved funding support.</u><br><u>Funds may be reimbursed only for costs incurred during Assembly (not Convention) and travel to and</u> |
| 5.4.2.7 Section Added   | <u>5. 4. 2. 7 After WSB C, the delegate will turn in (to the Region One Treasurer) an expense report and all receipts to receive reimbursement for costs up to the amount of approved funding support</u>   |

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|  | <u>travel to and from WSB C. Advance payments may be made only by special arrangement with the Region 1 Treasurer.</u> |
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**SUBMITTED BY:**

Lauren N  
Chair, BFDS  
[bfds@oaregion1.org](mailto:bfds@oaregion1.org)

**INTENT:**

To make the policy reflect current practices. The BFDS committee requires receipts in order to reimburse any costs incurred. We would like these statements added to policy to ensure the policies reflect this practice already in place.

**IMPLEMENTATION:**

Update Policies and Procedures as stated above.  
Update wording on Region 1 Representatives to Assembly Funding applications to include these statements as necessary. The treasurer will attach a blank expense report when sending the notice to the Intergroup that their application has been approved.

**COST:** None

**RATIONALE: (THE “WHY”)**

Clarify reimbursement procedure for Intergroup Region 1 Assembly Representatives.

**OCTOBER 2023 MOTION TO REGION ONE ASSEMBLY**

**MOTION P – 3**

This motion affects a:       Bylaw       Policy



Move to amend Policy 5, Article 5.7 by striking and inserting the following:)

| CURRENT WORDING  | PROPOSED WORDING  |
|--|---|
| <p>5. BUDGET AND FINANCE</p> <p>5.7 REIMBURSEMENT:</p> <p>5.7.1. Reimbursement forms accompanied by related receipts shall be submitted to the Treasurer, except that the Treasurer shall submit their own reimbursement requests to the Chair.</p> <p>The Treasurer shall approve reimbursements and issue checks according to the following guidelines:</p> <p><i>(The Guidelines have not been changed)</i></p> | <p>5. BUDGET AND FINANCE</p> <p>5.7 <u>OT HE R</u> REIMBURSEMENT:</p> <p>5.7.1. <u>T he follow ing guidelines a re direc ted</u><br/><u>tow a rd reimburse ments for members of T he B oa rd,</u><br/><u>C ommittee s, B oa rd N ominee s, a nd Regiona l Delegates to the World Servic e B usiness C onferenc e.</u></p> <p>Reimbursement forms accompanied by related receipts shall be submitted to the Treasurer, except that the Treasurer shall submit their own reimbursement requests to the Chair.</p> <p><u>T he Trea surer w ill submit their ow n reimbursement requests to the C ha ir. O ther reimbursement forms</u><br/><u>a c compa nied by related rec eipts sha ll be submitted to the Trea surer.</u> The Treasurer shall approve reimbursements and issue checks according to the following guidelines:</p> <p><i>(The Guidelines have not been changed)</i></p> |

**SUBMITTED BY:** Lauren N  
Chair, BFDS [bfds@oaregion1.org](mailto:bfds@oaregion1.org)

**INTENT:**

To make the policy reflect current practices. To separate from Board, Nominees and Committee Members.

**IMPLEMENTATION:**

Update Policies and Procedures heading for section 5.7.

**COST:** None

**RATIONALE: (THE "WHY")**

Clarify reimbursement procedures for all funding requests from Board, Nominees and Committee Members. The previous sections of these reimbursement policies only pertain to Intergroup Regional Representatives and Intergroup WSBC Delegates.