

REGION ONE OA “SPRING INTO SUCCESS” CONFERENCE CALLS

THURSDAY, MARCH 21, 2019 7PM PST

“WHAT DO YOU MEAN YOU WANT ME TO SPONSOR?”

WEDNESDAY, JUNE 19, 2019 7PM PST

“BODY IMAGE RECOVERY”

Region One is excited to announce its hosting of several special speaker conference calls for 2019. The first two calls are listed on the dates above with more calls to be announced soon.

Please join us for these one-hour meetings. Our speakers will share experience, strength and HOPE for approximately thirty minutes followed by open sharing.

If possible, please dial in a bit early to join the call. The conference call will tell you that you are on MUTE until it's time to start the meeting.

Method	Instructions	Notes
Online	https://join.freeconferencecall.com/region1	You may need to download the Free Conference Call installer before you can join the call. Please plan a bit of extra time for this process.
US	Call: (515) 739-1458 Code/PIN: 781502	Please dial in a bit early to join the call.
Canada	First try: (515) 739-1458 After try: (781) 838-3270 or (781) 838-3755 Code/PIN: 781502	1. Back-up numbers are needed because Canadian phone companies “block” lines they determine conference call lines. 2. You may incur charges if you do not have US long-distance as part of your service. Consider joining the meeting using the online method (above).

Region One may record this conference call to add to our website's audio resources page at:
www.oaregion1.org/audio-recordings.html