**Region One Board Conference Call**

**Wednesday, August 21, 2019 – 6pm Pacific Time**

**Minutes**

​Attending: Sue B., Beverly M., Nadine D., Leslie W., Cindy C., Pat O., Margie G.,

The call was opened with the Serenity Prayer followed by a reading of the R1 purpose and mission statement.

The meeting began with two-minute check-ins from all.

Calendar and IGR / Outreach Visits

* <https://www.oaregion1.org/calendar---board.html>
* Report: Snake River IG – August 10 – Pat & Nadine. Thirty members attended. The group did some role-play with “12 Days of Sponsorship” and used an “ask-it basket” format with sponsorship questions and how each of us can be a link in the chain with passing on what we are feely given. The questions might lend themselves to one of the R1 blogs. Sixteen people attended the IG meeting following the workshop.
* September 12 Conf Call (Nadine) Jon O & Chris Q will speak on “surviving relapse and recovery for the long haul”.
* SE Alaska IG – Pat spoke with Cassie and surfaced an idea to do a May 2020 retreat with two Board members leading. Pat asked the Board to look at 2020 dates (8/21 email) and begin thinking about schedules/commitments.

2019 R1 Convention (Sue)

* 109 registrations as of August 19, 2019. Sue met with the Convention program team and reminded them that Board members are available to be asked to speak. A Big Book session and session for newcomers were added.

2020 R1 Convention (Sue)

* Sue presented a side by side comparison of the Delta hotel in Everett and Holiday Inn and Suites in Bellingham. The Board’s preference is Bellingham so Sue will pursue a contract with the Bellingham location. Tentative dates are Oct 21-23.

Financial (Leslie)

* Leslie answered Board questions about the emailed financials.
* Journal purchase. Margie reported that she has two hundred on hand but will need more for Assembly. Many IG’s pick them up at Assembly to avoid shipping costs. The Board agreed that Margie will order an 300 additional journals. Margie will give the printer the higher quality logo.

Assembly 2019

* There are 37 Registrations to-date. $922 remains in the representative support fund. BFDS reminds the Board to talk to IG’s not represented/registered and BFDS will entertain a second round. Sue will speak to Southsound, Cindy to Sea to Sky and Bitterroot, Margie to Catch the Wave.
* Elections (Margie and Sue). There is a possibility we will have a vacancy for Vice Chair after Assembly. Normally the Board would appoint someone at the post Assembly Board meeting but can also wait until we have 1-2 strong candidates.
* Project Teams for the next year (Beverly). The Board agreed that Nominations will be removed as an Assembly project team. In February or March the Chair or Vice Chair will announce open Board positions and ask that the IG chairs and reps contribute nominations. With the exception of Nominations, last year’s project teams will carry forward to this year.
* Connection Challenge (Beverly) – tabled.
* Assembly Binder: HOPE and LOCAL RESOURCES sections. The Board is encouraged to send in a hope-themed paragraph “share” and any local resources about “hope” to the Assembly binder team.
* Icebreaker (Beverly). Nadine and Cindy volunteered to do the ice breaker.
* Luncheon Speaker (Beverly). Beverly asked for luncheon speaker possibilities from the Assembly attendance list.
* Gift for Representatives – The Board agreed to give each representative a journal this year. We will try to sell the 19 Step Study guides and 7 OA 12&12’s in the R1 inventory during Convention.

Liaison roles after Assembly (Sue) – tabled.

Rainbow heart for Region 1 (Nadine). Nadine has heard a few members express concern about the rainbow R1 heart on the home page of the website. Does it indicate a nod to an outside organization? Margie will look at any changes we might be able to make and perhaps contact April for help with the heart colors.

Virtual Sponsorship – Two new volunteers helping with virtual sponsorship find the current system confusing. Margie and Nadine will talk to try to understand the current system then look at updating that system using available online methods. There was consideration of tasking the Sponsorship project team with this work but we would want to connect the two new volunteers in the effort. Nadine will arrange for a conference call between the new volunteers, Margie, Nadine.

The meeting was adjourned with the Serenity Prayer at 7:40 pm.

**Next meeting: September 18, 2019 at 6pm Pacific Time**

**Respectfully submitted,**

**Cindy C.**

**Region One Secretary**