



Registration Options

Per Person	US	CDN
Best Value Rate Through August 31, 2018 Includes registration and Saturday banquet (buffet)*	\$140	\$197
Registration after August 31 Includes banquet (buffet)*	\$165	\$216
Registration Only: Fri-Sun (no banquet)	\$120	\$157
Friday Speaker (Only)	\$20	\$26
Saturday Sessions & Speaker (no banquet)	\$80	\$105
Sunday Speaker (Only)	\$20	\$26
Banquet only-per person Guest Name _____	\$45	\$59
Donate to help another (optional)		
Total funds enclosed: Payable to Region One		
For assistance or possible scholarship, please contact Ruth D. at 208-659-9606 or conventionchair@oaregion1.org		

*Purchase of banquet (buffet) helps meet food and beverage minimums. Purchasing a banquet ticket helps reduce overall convention costs.

Confirmations are sent via email or by mail if a self-addressed, stamped envelope is included with registration.

No refunds after September 30, 2018

After this date contact the registrar (registration@oaregion1.org). Registrations are transferrable or can be donated to the scholarship fund.

REGISTER ONLINE
www.oaregion1.org

OR MAIL REGISTRATION & PAYMENT

Region 1 Convention Registration
c/o Paula W
237 W. Ashworth Ln
Post Falls, ID 83854

Make check or money order payable to:

Region One and to receive Best Value Rate postmark by **August 31, 2018**

Name _____

Address _____

City _____

State/Province _____

Zip/PC _____

Email _____

Phone _____

Emergency Contact _____ Phone _____

Service Opportunities

<input type="checkbox"/>	Registration	<input type="checkbox"/>	Ways & Means (Store)
<input type="checkbox"/>	Greeter	<input type="checkbox"/>	Session Intro & Timing
<input type="checkbox"/>	Speaker**	<input type="checkbox"/>	Audio Recording Helper

**Session speakers must have 1-year of continuous abstinence.



Region One Convention



Overeaters Anonymous

Let's

Connect
for Recovery

October 19-21, 2018
Spokane, Washington

www.oaregion1.org

Convention Agenda

Friday, October 19, 2018

- 3:00pm—6:45pm Registration & Store
- 7:00pm Grand Opening &
Keynote Speaker
- 9:00pm OA Social

Saturday, October 20, 2018

- 7:00am—8:45am Early morning events
- 8:30am—10:00am Registration
- 9:00am Morning sessions
- 11:50am Lunch & Free Time
- 1:30pm Afternoon sessions
- 4:30pm Break
- 6:00pm Banquet (buffet) &
Keynote Speaker
- 8:30pm Entertainment

Sunday, October 21, 2018

- 9:00am Keynote Speaker
Basket/Quilt Raffles
Closing Ceremonies
- 12:00pm Convention Ends

www.oaregion1.org

Convention Hotel Reservations

theCentennial Hotel

303 West North River Drive
Spokane, WA 99201

1.844.733.3305

Room Rates:

(Plus applicable taxes)

Occupancy	<u>Single</u>	<u>Double</u>	<u>Triple</u>	<u>Quad</u>
Rate (USD)	\$119	\$119	\$129	\$139

Reservations

Room block price discounts are available through **September 26, 2018**.

However, please don't wait. **Make your reservation before discounted rooms sell out.**

Reserve by phone and request:

Region One OA group discount

(Toll Free) **1.844.733.3305**

Reserve online and use:

Online group code: 20181017

www.oaregion1.org/2018-region-1-convention.html

OA Region One Convention
October 19-21, 2018
Spokane, Washington

Convention Hotel Amenities

Check-in: 3:00pm
Check-out: 12:00pm

SITE AMENITIES

- Free on-site parking for participants**
- Complimentary airport shuttle
- Onsite restaurant and coffee bar
- Local and live entertainment
- Bicycle rental
- Indoor pool and whirlpool spa
- Outdoor pool with waterslide
- Fitness center
- Easy access to Centennial Trail
- Pet friendly

ALL HOTEL ROOMS INCLUDE

- Refrigerator and microwave**
- Free wireless internet
- Huge 55 inch wall mounted TV
- Free bottled water
- Work desk and chair
- Alarm clock/radio w/ USB charging
- Iron with ironing board
- Hair dryer

Staying at the convention hotel and fulfilling room block minimums helps Region One qualify for reduced meeting room rates.