**Region One Board Conference Call**

**Wednesday, December 19, 2018 – 4:30pm Pacific Time**

**Minutes**

**On the call:** Beverly, Margie, Pat, Cindy, Sue, Nadine, Leslie

The meeting was opened with the Serenity Prayer followed by the reading of the Purpose of R1 and the R1 Mission Statement.

**WSBC 2019**

Beverly asked whether there were updates to Delegate list attached to the agenda. After January 1, Beverly will send an email to all IG chairs asking for updates and encouraging participation in the Agenda Questionnaire, which has been posted online (WSBC section). Board members are asked to encourage their IG’s to respond to the questionnaire and book WSBC hotel reservations early.

**Calendar and IGR / Outreach Visits**

<https://www.oaregion1.org/calendar---board.html>

The Board should encourage intergroups to sign up for a R1 Board visit, particularly if they either didn’t have an IGR visit, or if their visit was in 2017 (see binder report for dates).

Oregon IG / Strategic Planning date 2019: Sue will check with Jan E. (acting Chair of Oregon IG) on all possible dates for April, May and June then send a doodle poll to the Board.

**R1 speaker meeting/conf. call**

Nadine was thanked for her service coordinating the 12th Step Within Conference call.

The Board brainstormed briefly on topic ideas for these calls. Nadine will inventory topics at the OA Birthday party. “Letting Go of Guilt and Shame” was a popular workshop at the R1 convention. Margie will put together a draft schedule for the Board to review and comment.

**R1 Convention**

Sue distributed a draft version of expanded requirements for R1 convention speakers. Suggestions were made for additions/changes. It is expected that the requirements will take the form of a Policies motion to come before Assembly 2019. Sue will remind Oregon IG that a draft of the convention brochure is needed in January.

**Financials (Leslie)**

Leslie fielded questions from the Board about the emailed financial reports. The Board discussed the distribution of excess funds in the amount of $9,843.15 in lieu of amended Policy 5.2.5. Leslie will ask the BFDS for their input on excess fund distribution by the end of the calendar year if possible.

Motion that R1 will send a 4th quarter donation of $900 (10% of current excess funds) to WSO.  Motion carries.

Journal order (Margie). The Board will wait to purchase additional Journals until 2019 because we are over-budget in 2018. Margie will send an email after January 1st to the Board with cost information.

PI/PO request from Pierce County: Pat will survey the PI/PO project team by email regarding approval of the Pierce County IG request for $199.99 to continue to fund their “Coffee News” PI project.

**Liaison Roles - Questions / Concerns / Updates** will be at the top of the Board’s January agenda. Beverly reminded the Board to take time in January to connect with their Liaison intergroups and ask for help from the Board if needed.

5:30pm Adjourn with Serenity Prayer

Next meeting: Wednesday, January 16, 2019 at 4:20pm Pacific Time

Respectfully submitted,

Cindy C.

Region 1 Secretary

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| **Name / Office** | **Liaison Intergroups:** | **Liaison Project Teams / Other Roles:** |
| Beverly M.  Chair | Central Oregon Intergroup  Emerald Empire Intergroup  Northern Lights Intergroup  Southeast Alaska Intergroup | Assembly Notebook Project Team  Audit Project Team  New & Unaffiliated Group Outreach |
| Sue B.  Vice Chair | Eagle Cap Intergroup  Lake Country Intergroup  Oregon Intergroup  South Sound Intergroup | Convention and Convention Binder  Nominations Project Team (w Margie) |
| Leslie W.  Treasurer | Alaska Intergroup  Anchorage Intergroup  Greater Seattle Intergroup  Sea to Sky Intergroup | BFDS Project Team |
| Cindy C.  Secretary | Bitterroot Intergroup  Bylaws Project Team  North Cascade Intergroup  Peninsula Intergroup  Southern BC Interior Intergroup | Bylaws Project Team |
| Margie G.  Communications Coordinator | Big Sky Intergroup  Catch the Wave Intergroup  Pierce County Intergroup  Southern Alberta Intergroup | Journal orders / sales  Nominations Project Team (w Sue)  Strong Recovery/Member Retention Project Team |
| Nadine D.  Member-at-Large | Greater Columbia Intergroup  Jefferson State Intergroup  Snake River Intergroup  Vancouver Island Intergroup | Newcomer Retention Project Team (w Pat)  Speaker List  Sponsorship Project Team |
| Pat O’C.  Trustee | Regina Intergroup | Carrying the Message / PIPO Project Team  Intergroup Outreach Visit Coordinator  Newcomer Retention Project Team (w Nadine) |

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| WSBC 2019 – Delegates from R1 Intergroups (as of 12/18/18) | |
| Alaska |  |
| Anchorage |  |
| Big Sky | Applied for and received R1 Delegate Support of $800 |
| Bitterroot |  |
| Catch the Wave |  |
| Central Oregon | Per Janice (Chair) Terri R. will be their Delegate |
| Eagle Cap | Applied for and received R1 Delegate Support of $1,400 |
| Emerald Empire | Applied for and received R1 Delegate Support of $1,100 |
| Greater Columbia |  |
| Greater Seattle |  |
| Jefferson State |  |
| Lake Country | Applied for and received R1 Delegate Support of $700 |
| North Cascade |  |
| Northern Lights |  |
| Oregon | Rosanne, Jan, Margie, Liz attending |
| Peninsula | Applied for and received R1 Delegate Support of $900 |
| Pierce County |  |
| Regina |  |
| Sea to Sky |  |
| Snake River | Applied for and received R1 Delegate Support of $1,100 |
| South Sound |  |
| Southeast Alaska / Juneau |  |
| Southern Alberta |  |
| Southern BC Interior |  |
| Vancouver Island |  |