**Region One Board Conference Call**

**Wednesday, September 19, 2018 – 4:30pm Pacific Time**

Motions in green: action items in red

On the call: Pat, Beverly, Leslie, Margie, Cindy, Sue

**Serenity Prayer** – Led by Sue B.

**Reading:** Purpose of R1 & Our Mission Statement – Led by Margie

**Financials:** (Leslie)

Leslie answered Board member questions about the budget. Leslie and Sue will talk separately about Sue’s Convention expense questions and refunds for two individuals.

**Excess funds:** **Motion that R1 send $2849.75 to WSO. Motion passes.** Pat mentioned that she and Beverly had received calls from IG’s about WSO’s recent appeal letter. Pat was asked to follow up on donations WSO is showing as having received from R1 for 2018 YTD. A suggestion from Beverly that WSO consider quarterly reporting so groups, intergroups and regions can course correct vs. after-the-fact reporting at WSBC. Pat reminded the Board that this year (2018) R1 has been able to significantly increase contributions to WSO.

**WSBC 2019**

Board members should remind their liaison IG’s that the deadline for submitting applications for R1 delegate support is October 12th. Leslie will send a reminder email along with the application form to all IG’s asap.

**Calendar and IGR / Outreach Visits**

* **Sept 20 7pm R1 Conference Call speaker meeting** – Cindy said that the call will use conferencecall.com. The Board should continue to try to use Skype or other platform whenever possible so that all can access the meeting in both the US and Canada.
* **Pierce County IGR dates** – November 10th is the confirmed date. Leslie and Margie will facilitate. Margie says she will ask Pierce county IG to begin gathering an email list for the survey.
* **Catch the Wave Report** (Margie, Beverly) – Beverly/Margie sent a report in email. Beverly reported that they changed the format to match the new R1 strategic plan focus: Strong Personal Recovery, Strong Meetings, Strong Intergroups (Intergroup Renewal). This focus seemed easier for IG’s to embrace and was not as intimidating as “Intergroup Renewal”.
* **North Cascades IG event** (Cindy). Cindy reported that 35 people attended the “Recovery from Relapse” event in Everett on September 15, 2018.
* **Greater Columbia IG:** Sue B. reported that IG elections would be held on Saturday. Beverly hoped that during their elections that they would also elect a representative who could attend Assembly.

**Convention 2018 Update** (Sue) – Sue believes that we will hit the planning number of 150. The Committee is doing a lot of “last-month-before-Assembly” publicity. The Board reviewed the Saturday breakout sessions. Sue and Leslie will talk about credits needed for two individuals. Sue needs help setting up Square so will ping Gary.

**Convention 2019 Update** (Sue) – Sue reported that she is close to signing the contract with the Monarch hotel.

**Assembly 2018**

* The **Assembly Notebook** is online. If Board wants to purchase a copy early let Beverly know. Cindy/Sue both said they would buy a copy early.
* **Budget & “All About Conference” Q&A’s** – Beverly asked Leslie and Cindy/Pat to send out the details for those meetings and decide what platform to use (Skype, Zoom, etc.) Leslie said that the BFDS will also attend the Budget meetings. Margie can provide Skype for Business login if needed.
* **Assembly Numbers:** Beverly reported the following:
  + 46 registrations
  + 7 Board / Parliamentarian
  + 29 Representatives from 19 Intergroups
  + 10 Guests
  + Luncheon count: 44 (Richard and Jo Ellen not signed up for lunch)
  + Notebook count: 42 (Gary, Guy, Richard, Allen - no binder ordered)
* **Assembly Agenda** – Beverly reviewed the latest agenda draft with the Board. Icebreaker ideas should be emailed to Beverly. Cindy will look at the proposed amendment to the standing rules re: the credentials report. The Board is asked to continue to look at the agenda and send comments.
* **Assembly Materials –** Beverly distributed a materials list for review and asked the Board to email her with additions.
* **Evaluations** – Pat volunteered to draft an Assembly evaluation. Beverly will send Pat last year’s survey as a guide.
* **Volunteers** – There are several volunteer needs during Assembly. Pat was asked to coordinate those volunteers and the Board is asked to let her know when and where they need volunteers.
* **Mock Motion** – The Mock motion will be presented by Karen on Wednesday night. The Board may be asked to choose pro or con. The motion theme is the adoption of the unicorn as the R1 mascot.
* **Green Dot Mentoring** – is in process led by Cindy and Pat. There are 16 green dots and 13 returning representatives.
* **Visitor Mentoring / Welcoming** – Pat has sent a “welcome” email to the ten visitors attending Assembly.
* **Connection Challenge Board –** Beverly would like to use the Board again this year but reduce the number of squares to ten.
* **Assembly registration drawing** - It was decided that two Assembly registrations would be drawn instead of one Assembly and one Convention so that the focus stays on Assembly.
* **Gift for Assembly attendees** (Beverly). Beverly is working on a Serenity coaster. Pat reminded the Board that the OA 12&12 second edition will also be given. Beverly will find a spot on the agenda to present the gifts so they aren’t forgotten.

**Insurance** – Beverly will send an email outlining insurance quotes gathered by Cindy. The Board is asked to review and comment so that coverage can be bound prior to Assembly.

**Intergroup email lists** Pat asked for the Board’s ok to incorporate a section on how to use email lists into the Strong IG Workshop. There were no objections from the Board.

**Next meeting: Wednesday, Oct. 3rd 4:30 pm**

The meeting was adjourned with the Serenity Prayer at 6:15 pm (led by Leslie)

Respectfully submitted,

Cindy C.

Region One secretary