**Region One Board Conference Call**

**Wednesday, August 15, 2018 – 4:30pm Pacific Time**

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**On the call:** Beverly, Pat, Margie, Sue, Leslie, Cindy

The conference call was opened with the Serenity Prayer led by Pat and the reading of the Purpose of R1 & Our Mission Statement – Margie G.

There were no additions to the agenda.

**Financials (Leslie)**

Monthly financials were emailed to the Board for review/questions prior to the Board meeting. Leslie will correct categorization errors flagged by Beverly. Financial statements were printed in QuickBooks; Leslie continues to find QuickBooks easy to use. She hopes to have a monthly donations report and budget to actuals report available next month. The Board felt the Statement of Financial Income and Expense report was easy to follow (Leslie will work on increasing the font size).

**Calendar**

Beverly proposed that the Sept 6 and Oct 4 R1 Conference calls become speaker meetings. Cindy will find a September speaker and Leslie an October speaker.

The Pierce County IGR date for November has not been confirmed. Margie and Leslie plan to lead. Margie will connect with Pierce County about a specific November date for IGR. Pat will re-send the IGR prep steps document to the Board.

**Convention 2018 Update** (Sue)

There are fifty registered for Convention. An email blast will go out to past Convention attendees in the next few days. Sue just received a planning committee report from Ruth. Sue will call the Centennial Sales department and add Tuesday night to Beverly’s room reservation.

**Convention 2019 Update** (Sue)

The Monarch will probably be the hotel of choice. Sue hopes to finalize the contract sometime next week.

**Assembly 2018**

Encouraging Representation / Attendance at Assembly. The Board reviewed Assembly registrants and identified those IG’s from whom we haven’t heard. Cindy will follow up with Southern BC Interior about Assembly attendance; Leslie has emailed Cassie to remind her to register.

The Board reviewed report submissions for the assembly binder and what hasn’t been submitted. Cindy will edit/submit the 2017 Convention report to the Assembly binder team. She and Sue will determine whether to submit the full report or just the summary.

Workshops – there was agreement that an “action plan” component would be included in all workshops. Everyone is asked to share all workshop materials with each other so there is no duplication of material. Workshop handouts should be submitted to the binder team asap. Copies should also be brought to Assembly for all participants. Leslie is working on the Personal Recovery workshop with Cassie, who is Juneau’s representative to Assembly.

There was also discussion of including an action plan blank form in the binder.

Luncheon Speaker (Cindy)

The Board gave Cindy several suggestions and she will contact someone to speak this week.

Nominations Update (Cindy, Pat). Pat and Cindy updated the Board on their conversations with prospective new board members.

Assembly Agenda – Beverly shared the first draft of the agenda with the Board.

Tabled until next meeting:

* Volunteers – how to welcome, include and make use of them
* Green Dots – how best to mentor and welcome them

Next meetings: Tuesday, September 4th, 4:30 pm

Wednesday, September 19th, 4:30 pm

5:45pm: Adjourned with Serenity Prayer led by Leslie

Respectfully Submitted,

Cindy C.

R1 Secretary