**MINUTES - Region One Board Skype Call - Wednesday, February 15, 2017—2pm PST**

The meeting opened with the Serenity Prayer, reading of one item from “How to be an Effective Trusted Servant,” and a reading of the purpose of R1 and our 2016-2017 Mission.

**2016 year end status and carryover (CO), prudent reserve (PR) going into 2017 (Deborah)**: Our PR and CO are met. 2017 PR is $15,972.04. The issue that is confusing is how to reconcile what we have with what he have budgeted. Thursday the 16th Beverly and Dorothy are going to help Deborah with some financial strategies. A question was brought about whether we have a PR for Conventions. After some discussion it was determined we do have a PR for convention included in the basic PR because that is based on annual expenses and we track those as part of a regular budget. Pat asked about a donation to WSO. We should not be budgeting that amount as it should be decided by the finance committee depending on the funds balance at end of year and how much we have budgeted to carry into next year. $191.98 was what was left at end of 2016 for WSO after PR and budgeted CO are deducted. Beverly states that we should send this amount to WSO. No motion needed; it’s in the policies.

**Journal pricing in Canada**: Cayley and Deborah report that once currency conversion and shipping fees are taken into account, we are losing money on journal sales in Canada. We might want to encourage IGs to purchase in bundles to pass on savings to members, as shipping is about $13.25 for one journal in Canada, $17.57 for a bundle of 5 journals, and $21.89 for a bundle of ten journals. Deborah can change settings in PayPal to accept payment only in US dollars and to see if we can set up calculated shipping. If journals are sold without needing to be shipped, they will sell for $13 Canadian.

**Ways and means Items for WSBC:** painted rocks are a possibility. T-shirts were $2 each and $3 each, so Beverly bought 50 of them. She will try a couple designs with bleach painting and send us pictures. She has 7 scarves also, for a $1 off the website and will bleach paint on those too. The WSBC theme is UNITY and she will try painting that word on a shirt to see how it works.

**2017 calendar and IGR travel :** Cayley has $67 in expenses and $40 food expense to submit to Deborah following the recent travel to **Northern Lights IG.** Greta and Cayley plan to visit **SBC Interior** in late April or early May: They are working on the dates and will let us know, will send estimated expenses to Beverly. Greta will take the bus. **Emerald Empire** wants someone to visit. Do we have enough in the budget? This is very close to where several board members live, so could be a very inexpensive day-trip. Deborah will check and get back to us. We have 8 IG’s on deck based on this schedule…Margie, Pat, Beverly and Deborah will talk offline about going to Emerald Empire in the summer for a one day event.

Google Calendar: Margie isn’t sure if it would work for us or not. Cayley will take a look and see if she can find something. We have trips and calls scheduled and we envision this calendar being on website where we can access it and membership can go on and see what we are up to.

**Northern Lights IG visit report: (Cayley and Margie)** It went well! NL did a survey and got results to Margie ahead of time. Margie used Sue’s model and ran percentages and created a similar document and showed them their data on the wall. Cayley walked them through the post it notes, and they came up with ‘Team up for Recovery’ as their mission. They had 3 priorities: attract newcomers, retain newcomers, and getting the NL website up and running. **Tip:** Post it notes get people involved and are very effective. NL projects include: do a radio ad in Alberta for OA and talk to newcomers, call after meeting. People made commitments to specific actions. Have short business stuff at beginning and then have people work in teams at end.

**Follow up plans for IGR Visits?** Could these reports go on IGR website page? Ask IG Chairs to write a paragraph summary for us to post. We should do a follow up inquiry in six months via the presenters and/or the Liaison.

**GSI workshop (Sue):**  Sat April 1 10:30-3:30 on Mercer Island. Topic: Service in our Recovery. Panel sharing ES&H on how we use service beyond the group level. IGR: they haven’t done anything yet and are in middle of doing convention. Go through IG Inventory and facilitate that. This is a way to support Seattle in their work as they prepare for Convention. Next month: address equipment, resources and arrival times, etc.

**Convention 2017 brochure:** Sue presented the draft flyer for Convention and asked for any needed edits. She took notes about formatting and other minor suggestions. Substantive edits needed are:

* No refunds after September 15
* Under “financial assistance” section, inquiries should go to the convention committee first. The first source of funds for assistance is money from donations when people register. If these funds are depleted, the committee can contact the Vice Chair about the possibility of a reduced rate. (Sue will talk with the committee about this process.)
* Add emergency contact info to registration section.
* Prices need to be listed in two columns – Canadian and USD. Our policies require this. We can use the exchange rate on the date the flyer is finalized.
* Online registration link is incorrect; Cayley will email Sue the correct link.
* Add the Friday night pool party to the agenda, so people know to bring suits.
* Sue will double-check the September 27 cutoff for our room block and correct the hotel phone number.
* Add hotel parking fee information.
* Add reduced price breakfast buffet information.
* Pricing set at $150 (USD) before August 15 for registration and banquet; $120 registration only; $45 banquet only; or $165 for registration and banquet after August 15.

**Convention 2017 banquet :** We discussed plated and buffet options, and decided to go with buffet so people can make choices that work for their food plan. However, Sue will ask that the fruit (dessert) be placed on the tables. She will also ask the hotel to specify number of ounces for protein servings (5 oz. is about right), what vegetables and starch will be on the buffet.

**Convention 2017 rates:** Concern was expressed that our rate for convention is higher this year. Part of the issue is that we don’t have historical data on how many people choose the early bird package, convention only, extra banquet tickets, so it’s difficult to figure out what income will be. We need to start collecting this data in DropBox. We do think an entire weekend of recovery for $120 is good value. Sue will ask the Convention Committee for their thoughts.

**2017 elections**: Look at list of possible nominees and send ideas to Greta. Let her know if you are willing to contact people.

**WSBC 2017:** We don’t have many delegates registered; reach out to your IG’s and be sure they know how to register. Marcie will send out a reminder. Region Chairs will handle Green Dot Mentor Matchups until the end of March, then WSO will handle.

**Next meeting:** March 15, 2pm

Submitted by Marcie G., R1 Secretary