

42nd Annual Region 1 Assembly Minutes

October 11th-13th, 2017

Seattle, Washington, United States

Board Members Present: Beverly M., Sue B., Deborah R., Greta H., Gary O., Pat O’C.

Parliamentarian: Karen B.

Representatives Present by Intergroup:

- Big Sky IG: Teri C.
- Bitterroot IG: Rhonda S., Sonia C.
- Central Oregon: Joan M.
- Eagle Cap: Cathy Z.
- Greater Seattle IG: Cindy C., Sandra C.
- Juneau IG: Leslie W.
- Lake Country: Heather S.; Wayne P.
- North Cascade: Lori Louise L.
- Northern Lights: Brandee M.
- Oregon IG: Alice W., Jan E., Kym L., Margie G., Rosanne K.
- Peninsula IG: Toby W.
- Pierce County IG: Tammy E.
- Sea to Sky: Faye D.
- Snake River: Jo Ellen R.
- Southern Alberta IG: Alanna C.
- Vancouver Island: Loretta B., Lorri B.

Intergroups not Present:

- Alaska IG
- Anchorage Alaska IG
- Catch the Wave
- Emerald Empire
- Greater Columbia IG
- Jefferson State IG
- Regina IG
- South Sound
- Southern BC Interior IG

Guests Present: Richard G. – Oregon IG, Pat P. – Lake Country IG, Claire B. – Sea to Sky IG, Terri R. – Central Oregon IG.

Wednesday, October 11, 2017

The Chair opened the meeting at 7:02 PM with a welcome message, acknowledgement of Green Dots, housekeeping items and Connections Challenge game announcement.

Serenity Prayer, Reading – October 10th from Voices of Recovery.

Connections Ice Breaker.

Pat shared some connection history.

The first budget Q&A session started, the treasurer walked through the budget in sections and answered questions, and took notes of adjustments requested.

The mock motion was presented – and failed.

The Assembly recessed at 9:45 PM.

Thursday, October 12, 2017

The Assembly resumed at 8:25 AM Friday Morning with the Serenity Prayer and a 3-minute meditation, the following items were read:

12 Steps, 12 Traditions, 12 Concepts

Green-Dots welcomed and green dots were passed out.

Voices of Recovery from Oct 12th was read.

Introductions were made.

The Vice Chair will serve as timer for the Assembly.

Appointments

Minutes Review Team: Margie G. and Kym L.

Assembly Reference Committee: Jan E., Faye D., Margie G.

WSBC Reference Subcommittee: Faye D. (withdrawn), Rosanne K.

WSBC Appeals Committee: Alice W., Lori Louise L.

Covered Current Open Positions Elections, Qualifications, explanation of current election process, and budget process.

Secretary Presented Credentials Report

Voting Board Members: 5

Region Representatives: 23

Total Voting Members: 28

Region One Trustee: 1

Guests: 2

Total Number in Attendance: 31

Agenda Adjustments:

Workshop on Technology will be condensed to 15 minutes.

Agenda was adopted by consent.

Discussed Standing Rules

Motion to amend standing rules to amend item 13 to the following:

Any business not completed by the last business meeting of Assembly shall not be considered. The motion must be resubmitted to another Assembly to be reconsidered.

Motion Carried

Motion to amend standing rule item 14 to the following:

A minute's review committee will be appointed by the Chair to determine the accuracy of the business minutes. Final approval of the Assembly minutes will be completed by the Region One board.

Motion Carried

Standing rules as amended were adopted.

The Chair has referred BL-2-, BL-3, and BL-4 to the Reference Project Team for consideration because they all address the same section of the Bylaws.

Consent Agenda

The concept regarding the consent agenda was explained.

Items: P-1, P-5, P-6, and BL-1 were removed from the consent agenda by voting members.

Consent Agenda, with item P-3 remaining, was adopted.

Pat O. – Region Trustee made a short introduction to Assembly.

Reports and Celebrations from the past year.

Region One Intergroup renewal presentation, a year in review.

- Sea to Sky IG Presented their ESH on the IG Renewal Process.
- Jan with Oregon IG discussed the affirmations from OA Literature product, a result of using the IG renewal/project team process.
- Snake River IG shared ESH from their IG Renewal in September 2017.
- Eagle Cap IG shared from ESH from their IG Renewal.
- Seattle IG shared their ESH from IG Renewal using Convention as the IG Renewal Project
- Juneau IG shared their ESH on their Supporting Strong Recovery IGR Project Team.

Board Reports

The Chair presented a report.

The Vice Chair presented a report.

The Interim Secretary presented a report.

Break – 12 Minutes by consent

The Treasurer's report was presented and questions were answered.

A vote to ratify expenses greater than 10% in the 2016 Actuals was taken – it was passed with no objection.

The Member At Large presented a report.

The Region Trustee's Report was presented.

The Communication Coordinator was not available for questions on her report.

Project Team Reports

Active Resource Support Project Team Report team was not available to answer questions; however, the Recovery Resources tab of the website is a product of this group.

Assembly Binder Team was available for questions.

Attract Retain & Regain Project Team was available for questions.

Audit Team was available for questions, and is proposing monthly reviews.

Budget, Finance and Delegate Support liaison was available for questions.

Bylaws team was available for questions.

Convention 2016 team was not available, the Chair was available for questions.

Nominations team liaison was available for questions.

Note: Vice Chair, Secretary and Communications Coordinator positions are open for next year.

Quilt team was available for questions.

Team Tech was available for questions.

Virtual Sponsorship team was not available for questions, however the Chair requested that each IG add a virtual sponsor recruit. Members also shared ESH about their experience being a virtual sponsor.

Ways and Means team was not available for questions, the board liaison was available for questions.

Intergroup Reports

Intergroups shared ESH and asked questions about how or what other intergroups are doing.

The session adjourned at 12:01 PM for Lunch.

Guest Speaker – Karen B., spoke during the lunch break.

The session resumed at 1:34 for the afternoon.

A three-minute meditation was held.

October 12th from For Today was read.

There was a call for nominations from the floor for each open position. There were no nominations from the floor.

Secretary Presented Credentials Report

Voting Board Members: 5

Region Representatives: 22

Total Voting Members: 27

Region One Trustee: 1

Guests: 3

Total Number in Attendance: 31

The Region Trustee lead an Introduction to World Service Presentation. The following list contains items that the representatives felt needed to be addressed by World Service to improve the website.

- Search
- Email notification that lets you know that a meeting was updated.
- Electronic Lifeline – Wish it was available as a PDF again.
- Donate Lifeline to Libraries as an e-mag?
- Look at the way website is organized, with search so limited, the organization is not good enough to be able to find things.
- Meeting Update Closed/Cancelation Confirmation
- Need a way to find information easily on the website.
- Lifeline.org – need to advertise price – need info from OA.org on need solid front page on lifeline.org
- Kudos on the find a meeting option
- Be able to list geographic area or metro areas for Service Bodies.

Presentation on the Resources on the Region One Website.

Recommend TOC for the Resources Page from the Floor

Connecting to our Primary Purpose: Brainstorming Project Teams

Project Team Planning Session

Assembly break for 15 minutes.

Project Team Planning Session.

Continued Intergroup Reports.

Nominee Presentations

- Chair
- Treasurer
- Member at Large – Candidate 1
- Member at Large – Candidate 2
- Secretary
- Communications Coordinator
- Region One Trustee

Session recessed for Dinner Until 6:30 PM.

Session Resumed at 6:35 PM.

Budget was discussed until 7:25 PM and the session was recessed until 8:25 AM the next day.

Friday, October 13, 2017

Session resumed at 8:25 AM, opened with the Serenity Prayer and 3 minute meditation.

October 13th from Voices of Recovery was read.

Item four was read from 'How to be an effective trusted servant'.

Secretary Presented Credentials Report

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The Chair made an announcement that Reps who were not in the session when the credentials report was taken would not be eligible to vote during that session.

The changes to the budget were discussed.

Region Treasurer made a motion to adopt the budget.

Rep from Snake River Seconded the motion.

The budget as amended was adopted.

The Chair reminded Reps of the previous announcement that Reps not present during the credentials report were not eligible to vote during that session. A rep from Oregon Intergroup appealed the decision of the Chair. A vote was taken on whether to uphold the decision of the Chair. The result was to not uphold the decision of the Chair -- , but to allow all reps to vote regardless if they had been in the session, when the credentials report was given.

The Secretary was asked to present a new credentials report.

Voting Board Members: 5

Region Representatives: 23

Total Voting Members: 28

Region One Trustee: 1

Guests: 3

Total Number in Attendance: 32

The following Motions were addressed during this session. All text of the motions, as adopted, are in Addendum A to the minutes.

Motion BL-1

Proposal to amend Article V, Region One Board, Section 3 – QUALIFICATIONS FOR ELECTION to include proficiency (or willingness to learn) various software and digital platforms:

The motion was debated.

The motion was adopted.

Motion BL-2

Proposal to amend Article XIII – PARLIAMENTARY AUTHORITY to strike the word “guide” and replace with “govern”:

This motion had been referred to reference, the reference team responded with the following recommendations: to defeat of BL-2 and BL-3, and adopt BL-4.

Motion was debated

The motion was lost.

Motion BL-3

Proposal to strike Article XIII – PARLIAMENTARY AUTHORITY in its entirety:

The maker of the motion asked for consent to withdraw the motion.

There was no objection to withdrawal of the motion.

Motion BL-4

Proposal to amend Article XIII – PARLIAMENTARY AUTHORITY by striking the current wording and replacing it with wording used by OA World Service:

The motion was debated

The motion was adopted.

Motion P-1

Proposal to amend Policy 3.2 and 3.3 REGION ONE BOARD MEETINGS to change requirements for minutes distribution and remove the requirement that all four Board meetings must be in person:

A motion to amend the motion was made to strike the words “via the medium of the board’s choice” from the proposed wording of policy 3.3.

The motion to amend the motion was carried.

The main motion was debated.

The motion as amended was adopted.

Motion P-2

Proposal to amend Policy 4.2 CHAIR RESPONSIBILITIES by striking wording allowing the Chair to appoint a Parliamentarian:

The maker of the motion asked for consent to withdraw the motion.

There was no objection to withdrawal of the motion.

Motion P-3

Proposal to amend Policy 4.3 VICE CHAIR RESPONSIBILITIES by striking item 4.3.14 in its entirety, removing maintenance of the speaker list from the Vice Chair responsibilities:

This motion was adopted on the consent agenda.

Motion P-4

Proposal to amend Policy 5.2 BUDGET to remove reference to “ranking” and replace with “order” of officers to attend WSBC, and the order of officers sent to WSBC shall give preference to officers who may fulfill the role of a voting Delegate, if possible:

The motion was debated.

The motion was adopted

Motion P-5

Proposal to amend Policy 5.4 REPRESENTATIVE AND DELEGATE SUPPORT to reflect current practice and to replace the word “Scholarship” with “Support”:

There was a motion to substitute the motion. The substitute motion separates “Representative Support” and “Delegate Support” into two distinct sections.

The motion to substitute the motion was carried.

The substitute motion was debated.

The substitute motion was adopted.

Motion P-6

Proposal to amend Policy 8 REGION ONE CONVENTION AND EVENTS by specifying that unranked (rather than ranked) lists of names will be used in the keynote selection process and also specifies that the board will start the process by submitting at least ten names to the Convention Committee. The proposal deletes references to a Spring Event, clarifies that only OA-approved materials may be displayed, and changes the wording of “special emphasis” to “special focus” meetings.

A motion was made to divide the question, considering items 8.4.1.1 through 8.4.1.2 as one motion, and items 8.4.1.3 through 8.4.2.2 as a separate motion.

Motion to divide the question was carried.

A motion to amend the first portion of the divided motion was made to strike the words ten (10) and replace with six (6) in item 8.4.1.1, and to reinstate the words “no more than,” strike the words seven (7) and replace with five (5) in two places in 8.4.1.2.

Motion to amend the motion was carried.

The motion as amended was debated.

Motion as amended was adopted.

The remaining portion of Motion P-6, after dividing the question, was debated.

The motion was adopted.

Motion P7

Proposal to amend Policy 5.2 BUDGET to allow the Budget, Finance and Delegate Support Committee to conduct a half year review of the current year’s budget and suggest alterations to the board:

There was a motion to amend the motion to strike the word “alterations” and replace with “spending reductions if necessary” and to strike the words “for approval.”

The motion to amend the motion was carried.

The motion as amended was debated.

The motion was adopted.

Motion P-8

The motion was debated.

The motion was adopted.

Motion WS-1

There was a motion to amend the motion to strike item a) 1 “seven years in the fellowship” under Qualifications, retain the original wording of item b), and add item c) “at the time of election the applicant must have seven years in the fellowship.”

Motion to amend the motion was carried.

Motion as amended was debated

Motion was adopted.

All amended sections of the bylaws are attached to this document, as passed, in addendum A.

Seventh Tradition was collected.

The Assembly adjourned for lunch at 12:00 PM.

The Assembly resumed at 1:30 PM.

The Serenity Prayer was read

Three-minute meditation was observed

October 13th in For Today was read.

The Secretary was asked to present a new credentials report

Voting Board Members: 5

Region Representatives: 23

Total Voting Members: 29

Region One Trustee: 1

Guests: 3

Total Number in Attendance: 32

Elections

Voting for all open positions commenced.

The following people were elected:

Votes Cast: 29

Chair: Beverly M. was elected for a two-year term.

Treasurer: Leslie W. was elected for a two-year term.

Secretary: Gary O. was elected for a one-year term.

Member at Large: Cindy C. was elected for a two-year term.

Communications Coordinator: Margie G. was elected for a one-year term.

Addendum A – Bylaws, Policies and World Service Bylaws Amendment Proposal as Adopted by the 2017 Region I Assembly of Overeaters Anonymous.

Motion BL-1 as Adopted:

In Article V, Region One Board, Section 3 – Qualifications for election:

To be qualified for election, a person must:

- A. Be a member of Overeaters Anonymous within the geographical boundaries of Region One.
- B. Be working the twelve step program to the best of his/her ability and have taken the fifth step.
- C. Be familiar with the Twelve Traditions of Overeaters Anonymous and the Twelve Concepts of OA Service.
- D. Be presently abstaining from compulsive overeating for at least one (1) year
- E. Have two years of service to Overeaters Anonymous beyond the group level, if a member of an Intergroup.
- F. Be proficient in using various software and digital platforms that the Board utilizes to conduct its day-to-day business, or be willing to learn how to use them.

Motion BL-4 as Adopted:

To replace Article XIII – PARLIAMENTARY AUTHORITY with the following:

Article XIII -PARLIAMENTARY AUTHORITY

All meetings of the representatives shall be conducted in accordance with the latest edition of Robert’s Rules of Order, Newly Revised, where not in conflict with the law, Articles of Incorporation, these bylaws or special rules that the representatives may adopt.

Motion P-1 as Adopted:

To amend Region One Policies 3.2 and 3.3

REGION BOARD BOARD MEETINGS

- 3.2 Board minutes will be sent electronically to current Board members, Intergroup Chairs, and be posted on the Region One website.
- 3.3 The Board shall meet at least four times per year. The Board shall hold an in person meeting each fall immediately following Assembly.
- 3.4 The Board may meet monthly via conference call.

Motion P-3 as Adopted:

To amend, by striking Region One Policies 4.3.14 – a subsection of the Vice Chair’s job description to remove the responsibility of maintaining the Region’s Speaker List.

Motion P-4 as Adopted:

To replace Budget policy 5.2.7 with the following:

5.2.7 Region One shall provide for sending two of its officers to each World Service Business Conference as follows:

5.2.7.1 The Region One Chair, or if not available, the next available officer as designated below in (5.2.7.3), who shall register as a WSBC Delegate and represent Region One on the Region Chairs Committee and at any other Region Chair activities at the WSBC, and

5.2.7.2 The next available officer as designated below in (5.2.7.3), who is eligible to be registered as a delegate from their intergroup shall assume the duties of the officer listed above in (5.2.7.1) if that officer is unavailable and/or unable to carry out those duties.

In such a case where WSBC designates this region as being eligible to send another Region One Delegate to the next WSBC, the second board member sent shall fulfill that position as a voting delegate. If no officer is eligible to serve as a delegate from their intergroup (or when appropriate a Region Delegate) to the WSBC, the officer will register as an Alternate Delegate.

5.2.7.3 The order of the officers will be the following, : Chair, Vice Chair, Secretary, Treasurer, Communications Coordinator, and Member at Large.

5.2.7.4 Funds available for sending these officers shall be listed in a separate line item in the budget as “WSBC Representation.”

Motion P-5 as Adopted:

To Replace Policy 5.4 as follows:

5.4 REPRESENTATIVE AND DELEGATE SUPPORT

5.4.1 Representative Support

5.4.1.1 Region One may provide support funds to assist Intergroups that would not otherwise be represented at Region.

5.4.1.2 Support for Representatives is awarded only to Intergroups registered for the Assembly and may only be used for expenses incurred for the Assembly by the Representative.

5.4.1.3 Applications for Representative support must be received by the Region treasurer from the requesting Intergroups by July 15 prior to Assembly. The applications will be reviewed by the Budget, Finance and Delegate Support committee, which will make recommendations to the board about how to distribute the available Representative support funds. The board will confirm the recommendations by August 1. The Intergroups that applied will be notified of how much, if any, support has been approved by August 15. The Region One Board may waive the deadlines if needed.

5.4.1.4 All individual support awards exceeding \$300 must be approved by the Region One Board

5.4.1.5 Where multiple requests are received and funds allow, support for Assembly Representatives shall be awarded as follows:

5.4.1.5.1 First: To new Intergroups or Intergroups that have never sent representatives to the Region One Assembly.

5.4.1.5.2 Second: To Intergroups that have not sent representatives to the Region One Assembly in the last five years.

5.4.1.5.3 Third: To Intergroups that have sent representatives to the Region One Assembly in the past five years.

5.4.2 WSBC Delegate Support

5.4.2.1 Region One may provide support funds to assist Intergroups that would not otherwise be represented at World Service Business Conference (WSBC).

5.4.2.2 Support for Delegates to WSBC is awarded only to Intergroups registered for WSBC and may only be used for expenses incurred for WSBC by the Delegate.

5.4.2.3 Applications for WSBC Delegate support must be received by the Region treasurer from the requesting Intergroups by one week prior to Assembly. The applications will be reviewed by the Budget, Finance and Delegate Support committee immediately after Assembly, and they will make recommendations to the board at the first board meeting after Assembly. The Intergroups that applied will be notified immediately. The Region One Board may waive the deadlines if needed.

5.4.2.4 To determine the support to be awarded, the Region One Treasurer will inform the Budget, Finance and Delegate Support committee of the fund's budget and add to that any specific donations.

5.4.2.5 All individual support awards exceeding \$300 must be approved by the Region One Board.

5.4.2.6 Where multiple requests are received and funds allow, support for WSBC delegates shall be awarded as follows:

5.4.2.6.1 First: To new Intergroups or Intergroups that have never sent delegates to WSBC.

5.4.2.6.2 Second: To Intergroups that have not sent delegates to WSBC in the last five years.

5.4.2.6.3 Third: To Intergroups that have sent delegates to WSBC in the past five years.

Motion P-6 as Adopted:

To amend Policy 8.4.1 and 8.4.2 as follows:

8.4.1 Keynote Speaker Selection

8.4.1.1 The Region One Board shall submit an unranked list of at least six (6) possible keynote speakers to the Convention Committee by July 30th of the year prior to Convention for the Committee to research. The Convention Committee may add additional speakers to the list for consideration.

8.4.1.2 The Convention Committee shall submit an unranked list of possible keynote speakers of no more than five (5) names to the Board by the January Board meeting. The list shall include at least two (2) choices from the list of names provided by the Board. The Board shall give the Convention Committee an unranked list of three (3) choices from the list of five (5) and leave the final decision from this list up to the Convention Committee.

8.4.1.3 The Convention Committee, from this list of three, shall ask a second speaker to keep the Convention date open in case of cancellation by the first speaker.

8.4.1.4 Any keynote speaker used at a Region One Convention shall not be considered again for five (5) years.

8.4.1.5 Cost effectiveness shall be taken into consideration in selecting speakers.

8.4.2 Topic/Speakers

8.4.2.1 Region One Convention will have only Overeaters Anonymous speakers. Only OA-Approved literature or media may be displayed. No other twelve-step meeting shall be listed on the program.

8.4.2.2 The Region One Convention shall provide meeting space for OA impromptu meetings. Final approval for meetings must be from the Convention Chair, the Chair of Region One, or the Region One Trustee. Topics will be approved only if they are in keeping with the OA traditions. In keeping with Tradition Three, special focus meetings are open to all OA members.

Motion P-7 as Adopted:

To amend Section 5.2 – Budget by inserting and renumbering:

5.2.3 Region One funds shall be disbursed in accordance with the budget. Any expenditure exceeding 10% of a budgeted line item shall require approval by the Board. If the Board approves a budgeted override, such action shall be brought forward at the next Assembly for ratification.

5.2.4 Half way through the fiscal year, the Budget, Finance and Delegate Support Committee may review the current year's budget and suggest spending reductions if necessary to the Region One Board.

5.2.5 Region One shall budget to donate all excess funds to World Service annually. Excess funds are calculated as follows: fund balance less prudent reserve, plus budgeted revenues, less budgeted operating expenses.

Motion P-8 as Adopted:

To strike policy 8.2.5 and 8.2.6 and replace it as follows:

8.2.5 The Region One Board may conduct raffle fundraisers in relation to the convention that include, but are not limited to, an Annual Convention Raffle, and a 50/50 raffle. Particulars of each fundraiser may be modified at the board's discretion up to the point at which the fundraising effort commences.

Motion WS-1 as Adopted:

This is a motion to submit to WSBC to amend Article IX – Board of Trustees, Section 4 – Qualifications, Part B of the Overeaters Anonymous Bylaws by striking and inserting:

(The current wording and proposed wording are included here)

<u>CURRENT WORDING</u>	<u>PROPOSED WORDING</u>
<p>Article IX – Board of Trustees</p> <p>Section 4 – Qualifications</p> <p>a) Qualifications for trustee shall be:</p> <ol style="list-style-type: none">1) Seven years in the Fellowship;2) Five years of service beyond the meeting level;3) Attendance as a delegate to at least two World Service Business Conferences; and4) Five years of continuous recovery in Overeaters Anonymous as evidenced by:<ol style="list-style-type: none">(i) five years of current continuous abstinence;(ii) current maintenance of a healthy body weight for at least two years; and(iii) emotional and spiritual growth as a result of incorporating into their lives the Twelve Steps and Twelve Traditions as a new way of living. <p>b) Qualifications for trustee must be met at the time the application for trustee is submitted to the WSO. Specifically, such trustee nominees must also have:</p> <ol style="list-style-type: none">1) Worked through all Twelve Steps;2) Declared themselves as practicing the Twelve Steps to the best of their ability;3) Declared themselves as committed to the Twelve Traditions of Overeaters Anonymous; and4) Affirmed these additional qualifications on their trustee application forms.	<p>Article IX – Board of Trustees</p> <p>Section 4 – Qualifications</p> <p>a) Qualifications for trustee shall be:</p> <ol style="list-style-type: none">1) Seven years in the Fellowship;2) Five years of service beyond the meeting level;3) Attendance as a delegate to at least two World Service Business Conferences; and4) Five years of continuous recovery in Overeaters Anonymous as evidenced by:<ol style="list-style-type: none">(i) five years of current continuous abstinence;(ii) current maintenance of a healthy body weight for at least two years; and(iii) emotional and spiritual growth as a result of incorporating into their lives the Twelve Steps and Twelve Traditions as a new way of living. <p>b) Qualifications for trustee must be met at the time the application for trustee is submitted to the WSO. Specifically, such trustee nominees must also have:</p> <ol style="list-style-type: none">1) Worked through all Twelve Steps;2) Declared themselves as practicing the Twelve Steps to the best of their ability;3) Declared themselves as committed to the Twelve Traditions of Overeaters Anonymous; and4) Affirmed these additional qualifications on their trustee application forms. <p><u>c) at the time of election, the applicant must have seven years in the fellowship.</u></p>