

Region One Board Minutes

February 18th, 2024

2:00 PM pacific

VIA Zoom

Present: Alice W. (Chair), Judy B. treasurer Lisa S. (Secretary), Diane D. (Technology Coordinator), Lori B. (Member-At-Large), Beverly M. (Trustee Liaison)

Absent: Robin E. 2nd Member-At-Large

The meeting opened with the Serenity Prayer.

Lisa read the Region One Mission Statement and 2023-2024 Primary Purpose.

Lori read the day's reading from For Today

Additions to the Agenda

- Service Body Inventory

Approval of the Minutes

- The January Board Minutes were adopted as submitted.

Board Outreach Calendar

- Intergroup Chairs Monthly Check-In
 - Next meeting is Sunday, February 25th.
 - Agenda Items
 - Delegate Registrations for 2024 WSBC.
 - Discuss having a monthly topic of interest to Intergroups for each meeting.
- Upcoming Blog Contributions
 - Blog due dates are p on the Board Calendar by Board positions. Alice will invite guests to submit blogs when a Board position is vacant.
 - **March 4: Chair - Alice**
 - **March 18: 1st Vice-Chari – Alice will invite a guest to submit a blog post.**
 - **April 1: Secretary – Lisa**
- Board Visit Requests
 - Anchorage intergroup has requested a board visit to discuss the results of the service body inventory they completed last year.
 - Date: August 24th or September 21st.
 - Willing for the visit to be virtual.
 - **Alice will contact the Anchorage IG Chair regarding dates.**
 - Vancouver Island Intergroup has requested Diane and one other person to speak at an in- person event.
 - Date: April 27th.
 - Topics: Recovery from Relapse and one other topic.
 - **Board Members: Diane and Lisa.**

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- Financial Update
 - Judy shared the 2024 Prudent Reserve and Excess Distribution report.
 - There was discussion about increasing the budget amount for Board Special Projects to use to pay to send the additional regional delegates to WSBC and to increase the contribution to the WSO.
 - The BFDS team will review the report at their next meeting and make recommendations to the Board.
 - The Board will return to this discussion at next month's meeting after receiving recommendations from the BFDS team.
- WSO Updates
 - Beverly gave a report of WSO updates.
 - New Auto-Recurring Contributions Portal
 - Contributors will have control over their monthly contributions.
 - Will allow contributors to change the amount of, skip or cancel their contribution.
 - The suggested distribution of contributions from groups will be changed to 50/40/10.
 - Groups are asked to update their meeting information on the WSO meetings database so that groups that are meeting on-line only are listed correctly.
- Region One Board Inventory
 - The Board voted to complete a Service Body Inventory.
 - Beverly will check on an available Trustee and will check on dates and times.
- 2024 Convention
 - Location
 - The Holiday Inn in Bellingham, WA is available on September 18-22nd.
 - Previous contract from 2020 rates were \$139.00 for the first fifty rooms and \$149.00 for additional rooms.
 - Alice will follow up with the Holiday Inn to pursue a contract.
- Open Board Positions.
 - Lori B. rescinded her resignation.
 - The Board will return to discussion on filling additional vacancies after the service body inventory.

Next Board Meeting scheduled on March 17th @ 2:00 pm

Respectfully submitted by

Lisa S.

Region One Secretary