**Region One Board Conference Call**

**Wednesday, June 26, 2019 – 6pm Pacific Time**

**Minutes**

**Attending:** Beverly (Chair), Sue (Vice-Chair), Leslie (Treasurer), Pat (Trustee), Cindy (Secretary), Margie (Communications Coordinator), Nadine (Member-At-Large)

The meeting was opened with the Serenity Prayer followed by a reading of the purpose of Region 1 and the R1 Mission Statement. Time was allowed for two-minute personal check-ins.

**Calendar and IGR / Outreach Visits**

The board reviewed the R1 calendar (R1 key dates, quarterly calls, intergroup renewal and outreach visits.

Body Image Conference Call: Nadine reported that there were 67 people on the line for the conference call. There was discussion about possible reasons behind the high attendance, including sending a day-of reminder email, communication through the virtual region and Vision for You. Margie will try to track how many people click on the recording posted on the R1 website. The next Conf Call is scheduled for Wednesday, September 11th on the topic of “Shame”. The final call of the 2019 is scheduled for December 12th (12th Step Within).

Beverly reported that we are close to exceeding the R1 2019 travel budget within Region 1 (not including Assembly travel), with $731.00 remaining so will want to be conservative with travel. Future dates to note:

* Snake River IG – August 10 – Pat & Nadine
* Regina IG – Spring 2020 (likely May).
* Big Sky Feb/March 2020
* SE Alaska IG/Anchorage IG – January 2020?

Pat noted that dates moved to 2020 with the exception of the Snake River visit. Pat will use her trustee budget for her travel there.

The Board was reminded that Board, project team and Intergroup reports are due by August lst. Reports should be emailed to [assemblybinder@oaregion1.org](mailto:assemblybinder@oaregion1.org). Assembly workshop content isdue to [assemblybinder@oaregion1.org](mailto:assemblybinder@oaregion1.org) by August 15.

**2019 R1 Convention (Sue)**

Sue reported 55 registrations as of June 25th. Board members need to reserve their own hotel rooms and should call the hotel to book. There was discussion about how to handle quilt raffle tickets. Beverly will ask the BFDS to come up with a plan. Discussion of recording speakers and posting to the website was tabled until the July meeting. Beverly pointed out that there are no workshops on the Big Book planned. Sue will talk to Liz and the program team about possibly including something on the Big Book.

**Convention 2020 (Sue)**

Sue will send an updated RFP to the Holiday Inn and Suites in Bellingham. Cindy will check out the Delta hotel in Everett. Sue will send a copy of the RFP to Cindy for use. Sue is discussing a joint hosting of the event with different intergroups. The date and place of the 2020 convention should be finalized before Assembly 2019. Beverly mentioned that there is a possibility of Region Chairs visiting R1 at the 2020 Assembly & Convention. They would arrive Tuesday afternoon, meet Tuesday evening and all day Wednesday. Sue will add five rooms to contract when it is finalized.

**Financials (Leslie)**

Leslie answered Board questions about the emailed financials. There was discussion of the year to date travel budget. Pat asked questions about the PI/PO budget and will follow up with Leslie in email.

* Excess Funds Grant Application from BFDS Team sent to the Board in email was reviewed, discussed and approved by the Board with a couple of small changes. Liaisons should follow up with their IG’s and encourage them to apply.
* 2020 Budget Proposal from BFDS (Beverly and Leslie). The Board was asked for “first glance” feedback on the 2020 budget proposal. Sue will talk with Beverly about the Convention items in the budget. The Board was asked to provide feedback on the budget to the BFDS by next Wednesday, July 3 through email [bfds@oaregion1.org](mailto:bfds@oaregion1.org).

**Assembly 2019**

* Elections (Margie and Sue) Potential nominees for Chair, Treasurer, MAL and Trustee were discussed. Margie will contact nominees about completing applications in time for inclusion in the Assembly binder.
* Workshops During Assembly (“Each One, Reach One: Share the HOPE!”)
  + Within OA and in the community
    - On an individual / personal level (Cindy and Margie)
    - In the meeting / at the meeting level (Nadine and ?)
    - In the IG meeting / at the IG level (Pat, Sue)
  + Workshop format, ideas and resources Reps can take home. Resources in the Assembly Binder.
  + Make it personal – help Reps visualize, brainstorm and get excited about what they can do to share HOPE! Interactive is good! Tie-in to 5th Tradition. Use format for last year’s workshops.
* Luncheon speaker – tabled until next month

R1 Blog on Website (Pat). Redesign of OA.org is underway. Pat stressed the importance of blogs to drive traffic to websites. The Board is asked to let Pat know if they want to be involved in user research. Pat also proposed we “re-start” the R1 blog with each Board member participating. Pat will set up a blog schedule along with instructions on how to post.

7:45pm Meeting adjourned.

**Next meeting: July 17, 2019 at 6pm Pacific Time**

Respectfully submitted,

Cindy C.

Region 1 secretary