**Region One Board Conference Call**

**Wednesday, November 9, 2016 –1:15pm Pacific Time**

​***U.S. LINE:  641-715-3836    PIN: 282586  
BACKUP LINE FOR CANADA:  559-546-1400***

**MINUTES**

The **primary purpose** of this organization is to aid those with the disease of compulsive eating through the Twelve Steps of Overeaters Anonymous, and to serve and represent the OA groups and intergroups from which it is formed.

*Our 2016-2017 Mission:*

***INSPIRE RECOVERY***

Serenity Prayer, Welcome & Introductions

Members present: Chair Beverly Montgomery, Tigard, OR; Vice Chair Sue Bogert, Kennewick, WA; Secretary Marcie Grayson, Anaconda, MT; Treasurer Deborah Ruppert, Tigerd, OR; Member at Large Greta Hurst, Vancouver, BC; Communications Coordinator Cayley Wocknitz, Calgary AB; Trustee Margie Garman, Dundee, OR; Trustee Nominee Pat O’Connor, Beaverton, OR.

Reading: How to be an Effective Trusted Servant

Reading: Purpose of R1 & Our 2016-2017 Mission

Are there any additions needed to this agenda? None noted.

**Financial**

Deborah presented year to date 2016 budget with projections from where we are today. There will be a shortfall of $2717. In light of this, discussion was held regarding funding PIPO projects. A motion was made and passed to fund Big Sky Intergroup at $400 out of this year’s budget. Greater Seattle Intergroup will not be funded at this time. Budget considerations include hoping for additional funds coming in from Ways and Means Project Team’s Green Envelopes which went out recently to all OA groups. The BFDS will also evaluate ways to cut the budget to accommodate the shortfall if necessary.

**Bylaws Motion to WSBC re: Trustee Nominee**

A bylaws motion to change the seven year in OA date requirement was brought to Beverly from Bylaws committee; it will need to be presented to WSBC by Beverly.

**2017 Calendar & Travel IGR**

* Sea to Sky (February 25) confirmed Sue/Pat
  + - * Big Sky: March 3-5, they have a suggested format; Greta/Beverly
      * Northern Lights (February) second weekend to be confirmed: Cayley/Margie
      * Anchorage (May or September). Marcie, Deborah, Beverly, Cayley. Marcie will contact Paula and get a more firm date from them.
      * Eagle Cap (May or September-Newcomer Event?)
      * Strategic Planning Day (April?)
      * Greater Seattle: Jan, Feb, March: Sue will check to see if April will work…as we would all come to Seattle. Is there a local person who would give us meeting space in their home. And would people be able to host us?

**Convention 2016 Recordings to website?**

Group came to a consensus about putting out a Recording of the Month on the Region 1 Website. There will be an opportunity for people to make donations to help us cover the cost.

**Convention 2017 Update**

Sue is keeping in touch with the committee on the status of the Logo and who the Treasurer will be. More will be revealed! Details are taking shape and the convention promises to be excellent!

**Assembly 2017**

We are looking at the luncheon plan for Thursday with a tentative count of 40 people. The Registration Fee includes the luncheon and there is an option to opt out. Feedback from previous Assembly showed a desire to socialize at meals therefore it is the Board’s belief that this may be an easier way to provide that for people. Board Position Nominations for next year will include:  **Treasurer, Chair, Communications Coordinator, and Member at Large.**

We are checking into the one time purchase of our own microphones which would cost about $750-800 and would then allow us not to have to pay for audio at each and every conference. Region 7 did this and we are looking at their system.

Adjourn with Founders Promise

Next meeting: December 14 at 1:15pm Pacific Time