**Region One Board Meeting – SKYPE Teleconference**

**Saturday, October 1, 2016 – 10:30am PST**

**MINUTES**

**10:30am** **Serenity Prayer** led by R1 Trustee, Welcome & Introductions by Vice Chair as Chair unable to attend today.

**Attendees: Sue B, Deborah R, Margie G, Marcie G, Pat O’C, Cayley W, Greta H**

 **Readings:** How to be an Effective Trusted Servant: Read by Communications Coordinator: read one item: vote your conscience

 Tradition 10 : Read by: Region 1 Trustee Nominee and former Secretary – Concept 10: Read by Region 1 Trustee

 **Additions to Agenda?**  NONE

**10:40am** **Post Assembly Packet**: Secretary and former Secretary: Marcie will send out packet with Pat’s assistance. Pat packed project team goal sheets with Beverly’s stuff in her car. Beverly will make an interactive pdf on goal sheets to be sent out as part of PA packet. This won’t be completed until mid Oct. Sue requests list of Board Liaisons for Project Teams, Intergroups be sent out sooner.. When the PA packet goes out would be a great time to initiate phone calls to Intergroups who weren’t at Assembly to make sure it makes sense to them…call the Chairs…good time to see what ideas they have for how they would like to utilize R1 Resources this coming year, as well as to talk about and share our mission to Inspire Recovery with them. Sue asked if we put the PA Packet on the website, and maybe we will put it out there…there is a documents page, maybe create a Assembly 2016 page. Everything but contact lists can go on website. Intergroup Renewal can go on there, but in separate tab. Also we could put a Save the Date flyer in PA packet for the new date for Assembly Oct 13-15, 2017. AND we ought to put a tagline on signatures of our emails with the Assembly/Convention dates as well. Deborah suggested putting a page in the PA Packet with the Convention Raffle Package tickets which would include the Save the Date information on it.

**10:50am 2017 Calendar**: Marcie and Deborah will coordinate calendar. Early April might be good time to meet face to face as nothing else is scheduled then and it’s halfway through the year. We will meet in Seattle area. For January 2017: Date is set to go to Sea to Sky Intergroup Jan 28-29th. February 2017 is potentially Northern Lights Intergroup. Cayley will check with them to see if they still want us to come up there…March: Big Sky Intergroup in Billings, MT., date TBD. May: Anchorage, date TBD; June: Pierce County, and Sue will check with them to see if this month works. July through December is open still with the exception of October which is taken with Assembly and Convention in Seattle. Post Assembly Packet will have request forms for Intergroups to submit for the months still available.

**11:00am 2017 Assembly** (Beverly/Sue) Discussion of schedule plan:

Doubletree Addendum Agreement Status (Sue) Done they charged us $240 for the date change. We have added more rooms to the original request, and lunch will be included for all Reps and Board Members on Thursday.

 There will be a registration fee of $35 for the Assembly which is to include:

$10 for binder printing and $25 for the luncheon. It was suggested these be optional and that members have the choice to bring their own food in as many have individual plans. And for the binder, people can choose to print their own or use their computer and look at it online without printing a copy.

**11:05am Financial Status from Convention and Current Financial status of Region 1** (What we know so far) (Treasurer R1) Southern Alberta Intergroup Convention Chair’s preliminary report: about $4000 Canadian net proceeds about $3046 US funds. Quilt made about $1200 US. R1 Treasurer will get us the correct numbers soon. Checking account not in danger… we will be fine for rest of year. A number of checks in mailbox this past week. Deborah thinks word is getting out to Intergroups that Region needs our donations.

**11:15am Request to WSBC Board of Trustees (BOT)** re: Region 1 Trustee position and appointment. (Beverly/Sue/Margie) Beverly had idea to send letter to BOT. Margie did talk to Karen (Parliamentarian) about it. Margie states: Trustee Nominee deadline is January 25. When that date comes and goes there won’t be a nominee qualified from Region 1. At that point, we can send request to BOT, to announce there’s an open position. Then we can make an arbitrary deadline for applying for that position after the 30th of April because that’s when Pat started 7 years ago. This is when she would qualify (May 1). BOT has to open the position from there. Pat might be able to be appointed after WSBC at the BOT Post Assembly Board meeting. That way there would be no break from May to July. Beverly will draft the letter and it will go through Margie. This is IF no other applications come in from Region 1. Vote taken all approved to go forward with the letter from the R1 Chair to BOT following the above process.

**11:25am Set Region 1 Board Meeting dates** for Wednesday November 9 and Wednesday, December 14, 2016, both to begin at 1:15 PST. Question on conference call line to Canada: Sue has some info from Free Conference call .com and will get with Cayley about it to see if they can work it out to make it easier for Canadians to participate in US/Canada conference calls.

**11:40am Adjourned** with Serenity Prayer

|  |
| --- |
| *Region One: The primary purpose of this* *organization is to aid those with the disease of* *compulsive eating through the Twelve Steps of* *Overeaters Anonymous, and to serve and* *represent the OA groups and intergroups*  *from which it is formatted.****2016-2017 Assembly Mission******Inspire Recovery!*** |