

REGION ONE BOARD POLICIES **Adopted October 24, 2010**

OFFICERS

1. The secretary shall keep on file flyers of all Region One Board activities, including marathon flyers held in conjunction with Region One Board meetings, for the future use in bulk mailing permit applications.
2. Board members shall commit to individual and group abstinence throughout their term of service.

BOARD MEETINGS

1. Board minutes will be distributed to the fellowship eight (8) weeks after the board meeting.
2. Whenever possible, dates and locations of each year's board meetings shall be decided at the Post-Assembly Board Meeting, to be published in the Region One News and posted on the Web Site. If this cannot be done, meeting times and locations will be published and posted as soon as possible.

COMMITTEES

1. Appointment of Committee Chairs is to be accomplished as follows:
 - a. The Committee Chairs are to be appointed by the Region 1 Chair immediately following the annual Assembly at the first post Assembly Board meeting.
2. Regional Committee chairs should correspond regularly with World Service Conference Committee chairs with similar committees in order to further communication and disseminate information to and from our Region.
3. Following elections of Region One Board at Assembly, the chairman shall assign each board member as liaison to one or more committee(s).
4. The Budget and Finance committee has a contributions form to be available at Region One business meetings and events. This form is to be mailed to the Intergroups.
5. Region One will not charge a shipping or handling fee for sending out recordings from the Region One Media Library.

REPORTS

1. Region One Board and committee reports submitted at board meetings will have ten (10) copies.
2. All Regional board and committee reports are to be submitted in writing in advance of the board meetings in time to permit them to be read. Each report will then be filed.
3. A listing of all main motions passed by the board during the preceding year shall be included in the Assembly Binder by the Bylaws Committee.

REGION ONE CONVENTION AND EVENTS PROGRAM

Topic/Speakers

- a. Workshops and topics at Region One events shall be drawn from the 12 Steps and 12 Traditions, and from Overeaters Anonymous and Alcoholics Anonymous conference-approved literature.
- b. Workshop/Topics speakers will be provided with notice that they are expected to focus only on their OA recovery, using only OA approved literature.

The Keynote speaker will be provided with notice that they are expected to focus only on his/her OA recovery, using only OA approved literature.

MISCELLANEOUS

The site for the annual mini Spring Event will be selected at the previous April Board Meeting.

NOMINATIONS

1. When a board position is vacant after Assembly notice of the vacancy will be given to the Fellowship. An election may take place at any subsequent board meeting.

NEWSLETTERS

1. The World Service Board Internal Information Committee's Guidelines for OA Newsletters are adopted for the *Region One News* and other Overeaters Anonymous newsletters which are published through Region One.
2. Articles by Region One members are to be given first priority for printing in the *Region One News*.
3. Board officers regularly include articles in the *Region One News* that contain in part business or news of the region.
4. Whenever a controversial issue is published in the *Region One News*, the Communications Coordinator and the Region One Board shall endeavor to adhere to Concept V of the Twelve Concepts of OA Service

REGION ONE BOARD RECOMMENDATIONS

1. Based on the Preamble in The Twelve Steps and Twelve Traditions of Overeaters Anonymous and on Tradition 10 of Overeaters Anonymous, the Region One Board recommends that religious focus meetings not be listed on OA meeting schedules.
2. Based on the Preamble in the Twelve Steps and Twelve Traditions of Overeaters Anonymous and on Traditions 11 and 12 of OA, the Region One Board recommends that contact email addresses not include last names of the contact persons.